

WWOOF Japan



Nature



Building



Health



Good eating



Finding your way



Birds in the wild



Meeting new people



Traveling



Collaborating with others



Learning

Japan

WWOOFer Handbook

List of Hosts for Members

New at 28 June 2004

(Our reference: Up to 077)

Primary contact details:

Website address:

www.woofjapan.com

E-mail address:

info@woofjapan.com

Street address:

WWOOF Japan

6-7, Honcho 2-jo, 3-chome, Higashi-ku,
Sapporo, 065-0042, JAPAN

Fax# from within Japan:

(011) 780-4908

Fax# from outside Japan:

+ 81-11-780-4908

Welcome to WWOOF Japan

WWOOF Japan works to facilitate visitors to Japan getting below the veneer of tourism. We seek to provide opportunities for mutual learning and sharing and personal growth through cooperative effort.

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Your Membership Card

When you arrive at a Host you will be asked to show this Membership Card with your passport to verify your identity and that your WWOOF Japan

membership is current. Your Membership Card is valid for 12 months. If you have not got a current Membership Card, Hosts will not accept you. WWOOF Japan is a individual membership so if WWOOFing with family or friends, they also need to become WWOOF members by registering with WWOOF Japan and obtaining for themselves a Membership Card. If your 12 month membership has expired, please visit the website at <http://www.woofjapan.com> or e-mail us at info@woofjapan.com to renew your membership.

Tips to print this Handbook

Set your printer settings to 'draft', 'grayscale' and 'light ink density' and this document will print out in a quarter of the time using a fraction of the ink it would otherwise use. And select 'two sided printing' to print on both sides of the page, save paper and make the handbook easier to carry.

Observe the rules and requests of Hosts

WWOOFers should understand that in Japan, unlike many places in Australia, Europe and the US, Hosts are often running a business while being a WWOOF Host. The work done at some hosts can be demanding and WWOOFers in Japan should be prepared to adapt to Japanese ways. Everyday WWOOFers need to work for about 6 hours. Most Hosts have one day off a week. Some Hosts will ask you to work longer in return for time off. The workload will vary depending on seasons, the weather, etc. Many Hosts work very hard from early in the morning to late in the evening. By working hard with the host, you will get valuable experience and information about organic farming, the Japanese language and culture, etc. Japanese people generally enjoy entertaining people from overseas, enjoy chatting but sometimes appear to be shy. If you persevere with issues that arise, endeavour to communicate with them in Japanese and / or English, you will for the most part find that Japanese people will respond in good faith and give you more than just meals and accommodation, really making you feel like part of their family, taking you out and about and taking a genuine interest in your goals and aspirations.

You participate in WWOOF Japan at your own risk

You may contact WWOOF Japan Hosts, make enquiries about visiting them and go and visit them entirely at your own risk. As a condition of accepting and using this information you must agree that you contact and /or visit these Hosts entirely at your own risk. The money you have paid to WWOOF Japan is for information only; and it does not cover you with insurance of any kind. WWOOF Japan and the individuals who are coordinating WWOOF Japan are in no way responsible for the experience you have with or at the Hosts. If any of the above is unacceptable to you, please do NOT visit WWOOF Japan Host.

Hosts can be all kinds of places

Not all Hosts are farms. Not all member Host Farms are practicing organic farming. Some farms may practice organic farming in part of their farm.

Visas

WWOOF is a means for travelers coming to Japan and local Japanese people to visit to new and different places and to learn and experience culture and lifestyle. It has been our experience that people WWOOFing in Japan can do so on a tourist visa on the basis that they are 'tourists', coming to Japan for tourism and not for the purposes of work and income. People coming to Japan for the purpose of tourism using the WWOOF Japan system should write on their immigration papers that the purpose of their visit to Japan is 'tourism'. We recommend that you do not state that you are 'a volunteer' or mention the WWOOF system as it may result in alarming immigration authorities as they are unlikely to know what WWOOF is. Visa conditions can vary depending on the nationality of the individual. WWOOF Japan takes no responsibility for visas. People should NOT join WWOOF Japan for the purpose of using it to obtain a working visa.

How to communicate with Japanese Hosts

To support non Japanese speaking WWOOFers visiting Japan we have produced a bilingual form to help them to communicate with Host. This Form is called a 'WWOOFers Request to a Host Establishment Form'. You can find this form at <http://www.woofjapan.com/request>.

Print it out and use it to make your initial communication with the hosts easier. You will see that the form consists of three sections.

First you complete only the top section and then send the whole form to the Host you want to go to.

The second section is filled out by the Host in response to your request and then they send it back to you.

The third section is filled out by you and you send it back to the Host to Reconfirm the arrangements.

Procedures to follow for WWOOFers

Pick a Host that you want to visit from the list of Hosts. Complete STAGE 1 of the "WWOOFers Request to a Host Establishment Form" and send the form to that Host by means of the way the Host has asked it to be sent. Receive the form back with STAGE 2 of that form filled in by the Host. Send the form back to the Host with your RECONFIRMATION, STAGE 3 completed. Have a great time WWOOFing!

Things WWOOFers should be mindful of

Pronouncing the word "WWOOF" in Japanese: In the Japanese language there is no 'w' sound and 'f' sound so the word 'WWOOF' is pronounced something like 'u - o - who' and can be difficult for non speakers of Japanese to recognize

Changing your arriving time: If you have to change your proposed arrival day or time, please ensure you contact the Host and inform them without delay.

Cancellations: If due to unforeseen circumstances you must cancel your plans to visit a Host, please contact the Host promptly to inform them. Please do not cancel flippantly.

Changing your departure time: If you want to change your departure time or day, please tell the Host with plenty of notice. Be mindful that the Host may have planned work based on your being there and may accordingly have to urgently find new WWOOFers to replace you.

Making telephone calls from Host: Always ask if this is permissible. And always pay for your calls at the time you make them.

Food: Japanese people usually have for breakfast the same foods they eat for dinner; that is rice, miso soup, fish, pickles, seaweed, etc. Please try these foods. If you are unable to eat them, ask the Host to organize for you bread for toast, etc. Please do NOT help yourself to the kitchen and fridge without the permission of the Host.

Japanese baths: Japanese people do NOT put soap in the bath. The same water is used for all, and people actually wash, soap and rinse themselves outside the bath. In this way, the water in the bath is just for relaxing and soaking and stays clean and free of soap. In Japan, people often sleep on a 'futon', which is a mattress thinner and firmer than western mattresses that is rolled out on the floor..

When you contact hosts

Note that for phoning or faxing from outside of Japan, you must dial the country code for Japan (81) and you need to omit the initial zero from the area code. This is an international standard. Please always be mindful of the time difference between your country and Japan. Some Hosts may have a combined phone and fax in their home so you should send faxes during the day Japanese time.

Lost Membership Card

If you have lost your Membership Card and want a replacement produced and sent to you, please send to us 3 (three) International Postal Reply Coupons. You can purchase them at any post office in the world. The cost of one International Postal Reply Coupon is 150 yen (about US\$1.20, A\$1.80), and the approximate equivalent in other countries. (In Japanese an International Postal Reply Coupon is called a "kokusai henshin kitte ken") Please send them through the post to:

WWOOF Japan

Kita 16-jo, Higashi 16-chome, 3-22

Higashi-ku, Sapporo, 065-0016, Japan

Please be sure to include in your envelope, Your e-mail address, Your PASSWORD that you use to access the members section of our website

The address to which you want your replacement Membership Card posted. (Note: If you do not advise an address, we may send it to the address you originally specified in your Online Membership Application.

Want to receive a paper version of this Handbook?

If, after applying for your membership online and receiving password access to the members section of our website to download this Handbook, want to receive a paper version of the Handbook,, please send to us 9 (nine) International Postal Reply Coupons.

You can purchase them at any post office in the world. The cost of one International Postal Reply Coupon is 150 yen (about US\$1.20, A\$1.80), and the approximate equivalent in other countries.

(In Japanese an International postal Reply Coupon is called a "kokusai henshin kitte ken")

Please send them through the post to:

WWOOF Japan

Kita 16-jo, Higashi 16-chome, 3-22

Higashi-ku, Sapporo, 065-0016, Japan

Please be sure to include in your envelope the Your name, Your e-mail address, Your PASSWORD that you use to access the members section of our website

The address to which you want your replacement Membership Card posted. (Note: If you do not advise an address, we may send it to the address you originally specified in your Online Membership Application.

Key to terms used in this document:

Tsubo: A measurement used for land size equal to 3.3 square meters.

Tan: A measurement used for land size equal to 992 square meters.

Cho: A measurement used for land size equal to 9,917 square meters.

Mura: This word appears hyphenated in addresses and means village,

Machi: This word appears hyphenated in addresses and means town.,

Cho: This word appears hyphenated in addresses and means town.

Shi: This word appears hyphenated in addresses and means city.

Ken: Means prefecture.

List of Hosts for Members

This WWOOF Japan Host List is divided into eight different title areas in Japan. Those title areas, in order from the north of Japan to the south are:

Hokkaido
Tohoku area
Kanto area
Chubu area
Kansai area
Chugoku area
Shikoku area
Kyushu area

Under the heading of the eight title areas are the prefectures of Japan in which hosts may be situated.

Hokkaido area
Including the entire area of Hokkaido

Tohoku area
Aomori
Akita
Iwate
Yamagata
Miyagi
Fukushima

Kanto area
Tochigi
Ibaraki
Gunma
Saitama
Chiba
Tokyo
Kanagawa

Chubu area
Niigata
Toyama
Ishikawa
Fukui
Nagano
Gifu
Yamanashi
Shizuoka
Aichi

Kansai area
Shiga
Kyoto
Hyogo
Osaka
Nara
Mie
Wakayama

Chugoku area
Tottori
Shimane
Yamaguchi
Okayama
Hiroshima

Shikoku area
Ehime
Kagawa
Tokushima
Kouchi

Kyushu area
Fukuoka
Saga
Nagasaki
Oita
Kumamoto
Miyazaki
Kagoshima
Okinawa

Hokkaido

Including the entire area of Hokkaido

Hokkaido is the second largest Japanese island and northernmost of the archipelago. The climate is cold in winter and mild in summer and is the only part of Japan that does not have a wet season. Much of Hokkaido is unspoiled and very beautiful and it is a paradise for nature lovers, hikers and skiers. The international airport is Chitose and from Tokyo, it's about 90 minutes. Travel time by train from Tokyo to Sapporo, via an undersea tunnel, is around 11 hours and there are sleeper trains nightly. There are also ferry services to other parts of Japan. Hokkaido has many beautiful mountains, lakes, rivers, coastlines and farmlands. The island produces dairy foods as well as rice and vegetables.



The Host Code : 048/1104

Name of the Host : Freedom INN

Name of the person responsible :
Kazuo Yokota

The contact person's name :
Kazuo Yokota

What languages the contact person speaks:
Japanese, English

Type of Host : Small hotel

Address :
Niseko Hanazono-kogen, Asahi 305, Kucchan-cho,
Abuta-gun, Hokkaido, 044-0083

Telephone : 0136-22-3322

Fax number : 0136-22-3384

Mobile number :

Website : www.tabi-hokkaido.co.jp/freedom_inn/

E-mail: freedom@chive.ocn.ne.jp

How to contact this Host : E-mail, fax, phone, post

How to get there :
From Shin-Shitose airport catch a train for Kucchan station via Sapporo station. It takes 3 hours. Or you can come to Otaru by ferry and catch a train for Kucchan station. It takes 90 min. We will pick you up at Kucchan station.

People who live or work at the Host:
Kazuo, his wife (Kozue) and seasonal part time workers

Age of the people who work at the Host :
Kazuo and Kozue are in their 40 and 50s.

Info on pets or livestock kept :
A dog

Type of work done at the Host :
We run a petit hotel, offering organic food. This hotel is located where water and air is pure and delicious. We have activities relating to environment issues.

Size of the Host :
16 guest rooms

The atmosphere of the area :
Highlands. In winter, ski fields.

The climate :
In summer cool, in December to March lots of snow.

Languages spoken at the Host :
Japanese, English

Times of the year that the Host accepts
WWOOFers: Especially from mid Dec to mid March and from July to Sep.

How many WWOOFers may be accepted simultaneously :
Two or three

For how long may WWOOFers stay : A few months

Jobs WWOOFers will be expected to do :
Helping kitchen work and washing dishes, bed making, cleaning, snow shoveling, etc

Is smoking permitted? : Yes

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host : info not available

Are children (under 15) OK with a parent or guardian? : No

Things WWOOFers should bring with them:
Clean clothes

Are WWOOFers expected to understand Japanese? : No need to speak much.

Where WWOOFers will be accommodated : In a room in the house in which the host family lives.

Any special conditions at this Host:
Bright and healthy WWOOFers

A message from the Host:
We opened this petit hotel 4 years ago. We used natural materials to build the building as much as possible. It is surrounded by beautiful nature and people can hike to the mountains and the pond and do outdoor sports. In winter many people from various countries come to this Niseko Hirafu ski resort area and enjoy powder snow. We provide free ski lift ticket of Niseko Hirafu ski resort. During the days before public holidays and around the new years day it is busy, but generally on weekdays WWOOFers can get free time after lunch till it is time to prepare dinner. Except for during the busy season, WWOOFers can get two days off a week.

The Host Code :045/0904

Name of the Host: Noradokoro Teku Teku

Name of the person responsible : Akihiko Asano

The contact person's name : Akihiko Asano

What languages the contact person speaks:
Japanese, English & Korean

Type of Host: Organic farm

Address :
Nishioka 7-4, Kamui-cho, Asahikawa-shi, Hokkaido,
074-1181

Telephone number : 0166-72-2011

Fax number : 0166-72-2011

Mobile number : -

Website : <http://www.g84.jp/>

E-mail : tekuteku@k7.dion.ne.jp

How to contact this Host:
e-mail, fax or post

How to get there :
From Asahikawa Chuo bus terminal, catch a bus for
Ashibetsu, get off at Naidaibubunkiten and walk for 5
minutes.

People who live or work at the Host :
Akihiko Asano, his wife (Kazuko) and three teenager
children.

Age of the people who work at the Host:
Akihiko and Kazuko are in their 40s.

Info on pets or livestock kept :
A dog, chickens and Aigamo ducks

Type of work done at the Host:
Growing rice (half size by Aigamo duck method)
Growing organic vegetables (about 50 different kinds)

Size of the establishment :
3 ha rice field, 1 ha vegetable field

The atmosphere of the area : Farming area

The climate :
In summer, we have some days over 30 degrees but it
is not a wet climate like Honshu and it sometimes gets
cool in the mornings and evenings.

Languages spoken at the Host
Japanese, English and Korean

**Times of the year that the Host accepts
WWOOFers :**
From June to October. We cannot accept WWOOFers
in winter.

**How many WWOOFers will may accepted
simultaneously :**
2

For how long WWOOFers may stay :
One day ~ a week.

Jobs WWOOFers will be expected to do :
Weeding, harvesting, etc.

Is smoking permitted? :
It is permitted only outside.

Can WWOOFers choose their diet? : No.

An indication of the normal diet at the Host:
We are not complete vegetarians but eat lots of
vegetables and brown rice.

**Are children (under 15) OK with a parent or
guardian? :**
Yes, if he/she comes alone without his/her parent.

Things WWOOFers should bring with them :
Long sleeves shirts/t-shirts, working cloths, working
shoes/boots

**Are WWOOFers expected to understand
Japanese? :** No

Where WWOOFers will be accommodated :
In the same house that the host family live.

Any special conditions at this Host:
WWOOFers have to be enthusiastic about everything.

From the Host:
We treat WWOOFers as our family. We will support
WWOOFers while they are with us and we expect
they will also support us. Cooperation is important to
live together. We are hoping WWOOFers will enjoy
life here, be thankful for the harvests, eating and living
well.

The Host Code :046/1004

Name of the Host: Yoshidaya Honten

Name of the person responsible :
Kazutoshi Yoshida

The contact person's name : Hidenori Tsuruma

What languages the contact person speaks:
Japanese and English

Type of Host Establishment :
Souvenir shop and restaurant

Address :
Akanko-onsen 1-chome, Akan-gun, Hokkaido, 085-0467

Telephone number : 0154-67-2731

Fax number : 0154-67-2976

Mobile :
090-1526-5600 (If you speak only English, use this phone number)

Website: -

E-mail : tsuruhide@hotmail.com

How to contact this Host :
e-mail, phone, fax or post

How to get there :
From Tokyo, catch a plane to Kushiro and from the airport catch a bus to Akanko-onsen. The bus ride will be one hour long.

People who live or work at the Host :
Kazutoshi Yoshida, Hidenori Tsuruma and his parents, some part time workers

Age of the people who work at the Host:
Kazutoshi is in his 50s. Hidenori is in his 20s.

Info on pets or livestock kept :
Dogs

Type of work done at the Host:
Running a souvenir shop & restaurant. Producing bush walking tours. Picking up rubbish in the town. Environmental activities.

Size of the establishment :
300 tsubo. 5 storey house; 1st floor is a souvenir shop, 2nd and 3rd floors are restaurants and 4th and 5th floors are offices and private rooms.

The atmosphere of the area :
In the center of a rural town / sightseeing spot. (There is Lake Akan near here)

The climate :
In summer over 30 degrees but in winter very cold and lots of snow.

Languages spoken at the Host:
Japanese and English

Times of the year that the Host accepts WWOOFers :
All year around.

How many WWOOFers will may accepted simultaneously :
At most 3.

For how long WWOOFers may stay :
First one week and to be determined. Longer stay is possible.

Jobs WWOOFers will be expected to do :
Helping the restaurant and the shop. Cleaning, picking up rubbish in the town, meeting local people, cooking, etc.

Is smoking permitted? : Yes

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host :
General

Are children (under 15) OK with a parent or guardian? :
Yes, if it is a short time.

Things WWOOFers should bring with them :
Nothing specially.

Are WWOOFers expected to understand Japanese? : They do not need to speak much.

Where WWOOFers will be accommodated :
In Hidenori's house or other place.

Any special conditions at this Host:
WWOOFers who can communicate well and are bright.

From the Host :
Here it is close to Akan national park. WWOOFers can go to climb mountains and ski in their free time. If they like outdoor sports, this is the place. We are a friendly host. Internet can be used here. I, Hidenori, was once a WWOOFer in Australia. We will let WWOOFers use our car and bike. Lets go camping together

The Host Code :043/0904

Name of the Host:

Umi to Mori no Farm Design

Name of the person responsible :

Tadashi Tokuhara

The contact person's name :

Tadashi Tokuhara

What languages the contact person speaks:

Japanese

Type of Host:

A self-sufficient living place. We are building an educational center that everyone can enjoy about enjoying nature in this modern world.

Address :

Umemoto-cho 50-21, Date-city, Hokkaido, 052-0022

Telephone number : 0142-25-5240

Fax number : 0142-25-5240

Mobile number : 090-1383-8110

Website: :

E-mail :

How to contact this Host :

fax, phone or post

How to get there :

From Chitose airport in Hokkaido, catch a train, JR Super Hokuto for Datemonbetsu station. Takes about 90 minutes. We will pick you up there.

People who live or work at the Host :

Tadashi Tokuhara and his wife (Etsuko), two children (elementary school child and kindergarten child)

Age of the people who work at the Host

Tadashi and Etsuko are in their 40s.

Info on pets or livestock kept :

3 horses and 3 cats

Type of work done at the Host :

We are building a self-sufficient community including a café, horse riding facility, a fishing boat, a camping ground and a place to sell slow food.

Size of the establishment : 8,800 tsubo

The atmosphere of the area :

Near the ocean (10 minutes from the city center)

The climate :

About 25 degrees in the summer time and in winter coldest days will be minus 10 degrees and not so much snow, 10 to 30 cm.

Languages spoken at the Host: The host's friends can understand English.

Times of the year that the Host accepts

WWOOFers : All year around

How many WWOOFers will may accepted simultaneously :

2 ~ 4 WWOOFers. In the future 8.

For how long WWOOFers may stay :

From short time to long time. It depends on the situation.

Jobs WWOOFers will be expected to do :

Bringing land under cultivation, taking care of horses, building houses, cooking, etc.

Is smoking permitted? : No.

Can WWOOFers choose their diet? : Yes.

An indication of the normal diet at the Host :

General diet.

Are children (under 15) OK with a parent or guardian? : Yes.

Things WWOOFers should bring with them :

General things.

Are WWOOFers expected to understand Japanese? :

Yes, as a certain degree.

Where WWOOFers will be accommodated :

In the same house that the host family live or a detached house

Any special conditions at this Host

If WWOOFers want to stay WWOOFing for a long period, first we ask them to start with a short period as a trial.

From the Host:

It takes about 15 minutes by car from the city of Date. Our place is facing 10 kilometers of beach and is also close to a beautiful forest. We moved here from Kyoto in 2002. There are unique people running organic farms or self-sufficient lifestyles near here. Our house will be built in 2004 and we now live in a rented house in the city. We run some restaurants, a real estate agent and a consulting company. When we turned 40, we decided to change our lifestyle towards the real life; music, writing, fishing, playing tennis, etc. We are also working to hold a forum for Childhood Alliance and studying Waldorf education. WWOOFers can ;
Participate in open forums
Get the knowledge to take care of horses
Play tennis Fish
Participate music session, etc.

The Host Code 012/0405

Name of the Host Country inn MILKY HOUSE

Name of the person responsible Yasuhiro Nishio

Type of Host Pension

How to contact e-mail

Address

Aza Niseko 482-1, Niseko-cho, Abuta-gun, Hokkaido,
048-1511

Telephone Number 0136-58-2200

Fax Number 0136-58-2875

E-mail mh@niseko-milky.com

Website www.niseko-milky.com

How to get there

From Sapporo train station catch a train of Hakodate-honsen Line. For 2 or 3 hours get off at Niseko station and catch a bus for Konbu Onsen and get off at Kokusai Ski-jo . *From May to November, get off at Bus-tei-mae.

People who live or work at the Host

Yasuhiro Nishio & wife (in their 50's and 40's), 2 sons (junior high school and elementary school), 1 daughter (junior high school), and a few staff

Type of work done at the Host

We run a pension and tennis courts, produce jam, make nature tours, etc.

Pets / Livestock 3 dogs (English cocker spaniel)

Size of the establishment

50 guest can stay in this pension, three private tennis courts

The atmosphere of the area : It is next to the forest park and it is famous for its ski resort village.

The climate :We have snow from November to mid May.

Languages spoken at the Host: Japanese and English

How long can they stay? Longer period. 3 months or more.

Times of the year that the Host accepts

WWOOFers :All year around.

How many WWOOFers will may accepted simultaneously : 2

Is smoking permitted? No

Jobs WWOOFers will be expected to do :

All kind of work of running the pension..

Can WWOOFers choose their diet? : We can accept soft vegetarians but not vegan.

An indication of the normal diet at the Host:

We eat general mixed food.

Are children OK? No

Things they must bring

Are WWOOFers expected to understand Japanese?

Yes but an elementary level is fine.

Where WWOOFers will be accommodated : at a staff room

Other conditions

We are happy to pay for good workers. 800 yen per hour.

From the Host

Our pension is in the pension village of Niseko highlands. In the winter, lots of people from around the world gather here to ski and snowboard. In the summer time, people enjoy outdoor sports such as various water sports, bush walking, tracking, etc. The nature is wonderful,. We can eat fresh highland vegetables. People from New Zealand and Canada are reminded of their own countries. An outdoor tour guide from abroad lives near here. You may see and have a good chat with him.

Other notes: You should be interested in cooking, too. We expect to pay you a salary according to the quantity and quality of the work you do.

WWOOFers can study Japanese. In their free time, they can go skiing, snowboarding and in summer time they can bush walking, riding MTB, enjoy outdoor sports, etc.

The Host Code 028/0305

Name of the Host

New Nature School (Shin-shizen-juku)

Name of the person responsible Hiroshi Mine

Type of Host

English school and small farm with old residence.

How to contact this Host

Post or phone *Preferably by post.

Address

Nakasetsuri, Tsurui-mura, Akan-gun, Hokkaido, 085-1207

Tel No 0154-64-2821 (host), 0154-36-2635 (home), 090-0215-3594 (mobile)

Fax Number None

E-mail Address -

Website -

How to get there

From Kushiro JR station catch a bus (1,200 yen) for an hour. We will pick you up at Tsurui-mura bus stop. We may be able to pick you up at Kushiro airport, however we cannot guarantee it and ask that you make your own way to the bus stop "Tsurui-mura" nearby our place.

People who live or work at the Host

Hiroshi Mine and some helpers

Type of work done at the Host

Growing 100% organic vegetables, mostly in a small hot house. The scale of our growing is very small, sufficient to provide us few people with some vegetables for some of the year. Further, the extent to which we maintain our organic growing is determined by how much help we have and how much time we have away from our English school. For these reasons there are times when our growing comes to a stand still. Still, our environment and the wildlife that comes at times throughout the year is magnificent. Running an English school. (We go to colleges, other schools and English conversation circles) Maintaining the house. (Cleaning, painting, chopping wood, etc.)

Pets / Livestock

None

Size of the establishment

1 ha of cleared land and 1 ha of bush. We leave the bush and the life in it alone.

How long can they stay?

We prefer WWOOFers who can stay longer. 6 weeks or more is ideal. We accept WWOOFers all year round. 5 WWOOFers can stay with us at the same time. There are 7 private rooms for WWOOFers to use.

Is smoking permitted?

Yes but not heavy smokers.

Can they choose their diet? Yes

Are children OK?

When parents look after them well we do accept children.

Things WWOOFers must bring

Warm clothes for winter. International drivers' license. Japanese conversation text books (if you want to study). English conversation text books to teach..

Jobs WWOOFers will be expected to do

May ~ mid Oct: farm work, English teaching,, maintenance, etc. Nov ~ March: English teaching,, maintenance, etc. (no farm work in mid winter)

Are WWOOFers expected to understand Japanese?

Not necessary at all. If WWOOFers are interested in Japanese language, we will give them what assistance we can to learn to speak..

Other conditions

We want WWOOFers who are lovers of peace, are honest, responsible, who can cook and clean for themselves. Speaking English is essential.

From the Host

1. Our philosophies are independence, freedom and health. We require that be WWOOFers responsible and have a cooperative attitude.
2. I have family in Kushiro and there are some days that I don't stay at New Nature School (Shin-shizen-juku). Usually a few Japanese assistants are helping at the house at those times but there may be occasion when WWOOFer(s) may be alone.
3. WWOOFers and contracted teachers number usually 2 or 3 people in winter and 5 or 6 people in summer. Come and enjoy life here with us. We support UNESCO.

Hiroshi Mine is a 65 year-old English teacher as well as clergy who has travelled widely.

The Host Code 017/0405

Name of the Host

Menno Village Naganuma

Name of the person responsible

Raymond Epp and Akiko Aratani

Type of Host

Organic farm

How to contact this Host

Phone, e-mail, fax, post

Address

Higashi 6 sen Kita 13 go, Naganuma-cho, Yubari-gun, Hokkaido. 069-1301

Telephone Number

01238-9-2385

Fax Number

01238-9-2385

E-mail

raymondepp@warp10.hotcn.ne.jp

Website

How to get there

From Sapporo station bus terminal, catch a Chuo bus for Yubari for 50 minutes, get off at Kita-Naganuma bus stop, then we will pick you up. Or from Sapporo station bus terminal, catch a JR bus for Naganuma Onsen via Kita-Hiroshima JR station, get off at Naganuma Nokyo-mae and we will pick you up.

People who live or work at the Host

Raymond Epp (in his 40s), Akiko Aratani (in her 30s), three sons (8, 6 and 3) and trainees

Type of work done at the Host

Organic farming

Pets / Livestock

100 to 200 chickens, dogs, cats and so on

Size of the establishment

5 ha field and 3 ha forest

How long can they stay?

Sorry but we have enough WWOOFers and trainees for a while and cannot accept any new WWOOFers right now.

Is smoking permitted?

Permitted outside but not inside

Can WWOOFers choose their diet?

Yes (vegetarians are OK but they should enjoy eating with others.)

Are children OK?

Things they must bring Working shoes / boots

Jobs WWOOFers will be expected to do Various

Are WWOOFers expected to understand Japanese?

No

Other conditions

From the Host

There are various jobs here growing about 40 kinds of vegetables and raising chickens. We have a meeting every morning and talk about the job of the day while being mindful of the weather. In the summer time, lots of people visit here and we all enjoy eating our food from our field with gratitude. Raymond is from the USA.

The Host Code 040/0804

Name of the Host
Scott Adventure Sports

Name of the person responsible
Scott Walker

Type of Host
Outdoor sports centre

How to contact this Host
Email or Scott's mobile on 090 890 61124

Address
193 Azayamada, Kutchan-cho, Abuta-gun, Hokaido
044-0081

Telephone Number
0136 21 5115

Fax Number
0136 22 3884

E-mail Address
scott@sas-net.com

Website www.sas-net.com

How to get there
10 min. by car from Kutchan St of JR Hakodate
Honsen

People who live or work at the Host
Many people from different backgrounds including
Japanese, Nepalese & Australians

Type of work done at the Host
We run activities including white water rafting,
Ducky, MTB, trekking, fishing

Pets / Livestock
Yes 2 Alaskan Huskies.

Size of the establishment
1 ha.

How long can they stay?
Up to six months

Is smoking permitted?
No.

Can they choose their diet?
No. We will give each WWOOFer 1,000 yen per day
to buy their own food.

Are children OK?
Sometimes.

Things WWOOFers must bring
Sleeping bag, pillow slip, towel.

Jobs WWOOFers will be expected to do
Numerous, from helping with our outdoor sports to
renovating buildings, etc.

Are WWOOFers expected to understand Japanese?
No.

Other conditions

From the Host
WWOOFers are welcome from early April to late
November. We are a business and not a family host,
so WWOOFers will need to take care of themselves.
Ideal for self motivated Japanese and non Japanese
people alike.

The Host Code 056/1204

Name of the Host

Café & Restaurant Heartn Tree

Name of the person responsible

Masato Hattori

Type of Host

Farm, Inn, Restaurant

How to contact this Host

By e-mail

Address

Azasetsuri 496-4, Tsurui-mura, Akan-gun, Hokkaido,
085-1207

Telephone Number

0154-64-2542

Fax Number

0154-64-2542

E-mail Address

heartn-t@lapis.plala.or.jp

Website

How to get there

From Tokyo, catch a plane to Kushiro or take a train.
We will pick you up at Kushiro air port or Kushiro
train station.

People who live or work at the Host

Masahito Hattori, his wife Sachiko, his two sons and a
daughter

Type of work done at the Host

Running a slow-food restaurant and a farm-inn,
growing vegetables and herbs without agricultural
chemicals and keeping goats.

Pets / Livestock

.3 dogs and 4 goats

Size of the establishment

3.5 ha A building for a restaurant and a pension,
sheds for livestock

The atmosphere of the area : Farming area

The climate :

In summer from 15 to 20 degrees C and in winter from
-10 to -20 degrees C. About 1 meter snow.

Languages spoken at the Host:

Japanese and English.

Times of the year that the Host accepts

WWOOFers : From April to December

How many WWOOFers will may accepted

simultaneously : One

For how long WWOOFers may stay :

One to three months

Jobs WWOOFers will be expected to do :

Helping restaurant work, general farming work, taking
care of animals.

Is smoking permitted? : Yes

Can WWOOFers choose their diet? : No

An indication of the normal diet at the Host :

General diet.

**Are children (under 15) OK with a parent or
guardian?** : No

Things WWOOFers should bring with them :

General things.

**Are WWOOFers expected to understand
Japanese?** :

WWOOFers do not speak Japanese much.

Where WWOOFers will be accommodated :

In the same house that the host family live .

Other conditions

We especially welcome WWOOFers who are women.

From the Host

Tsurui village in Hokkaido is a habitat for Japanese
cranes, and dairy farming is a basic industry here.
We are running a small slow-food restaurant and a
farm-inn where we grow vegetables without
agricultural chemicals and keep small animals. Our
building is on a hill where you can look out over the
peaks of Akan and a magnificent night view.
There are lots of hot springs here and it is close to
Akan national park, so you can enjoy Hokkaido fully.
We are sure that meetings with our customers at the
restaurant and the inn will also be your great
memories.

The Host Code : 061/ 0205

Name of the Host : Takano Farm

Name of the person responsible :
Kenji Takano

The contact person's name :
Kenji Takano

What languages the contact person speaks:
Japanese and English

Type of Host : Organic farm

Address :
Fumi 55-6, Shakotan-cho, Hokkaido, 046-020

Telephone : 0135-44-3360

Fax number : 0135-44-3360

Mobile number :

Website :

E-mail: takano-farm@nifty.com

How to contact this Host : E-mail, phone, fax, post

How to get there :
From Chitose airport catch a train for Otaru. From Sapporo catch a bus or train for Otaru. From Otaru station catch a bus for Bikuni or Fumi. We can pick you up at Bikuni or Fumi. There is a ferry route to Otaru from Honshu (the main island).

People who live or work at the Host:
Kenji, his daughter (20), a few workers (depends on year and season)

Age of the people who work at the Host :
He is in his 50s.

Info on pets or livestock kept : No pets

Type of work done at the Host :
Growing organic vegetables such as potatoes, pumpkins, corns, onions, daikon, beans and so on.

Size of the Host : 4 ha of farm land and 2.7 ha of forest

The atmosphere of the area : farming area

The climate : Not so hot in summer and in winter lots of snow, about 1,8 meters

Languages spoken at the Host : English and Hebrew

Times of the year that the Host accepts April to November

How many WWOOFers may be accepted simultaneously :
Two

For how long may WWOOFers stay :
It depends on the WWOOFers. Longer stays are possible.

Jobs WWOOFers will be expected to do : Helping with general farming

Is smoking permitted? : It is permitted only outside.

Can WWOOFers choose their diet? : No

An indication of the normal diet at the Host :

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them: shoes, working clothes

Are WWOOFers expected to understand Japanese? : Not necessary.

Where WWOOFers will be accommodated
WWOOFer house

Any special conditions at this Host:
We prefer WWOOFers who are responsible about themselves.

A message from the Host:
It is about 2 hours by bus and train from Sapporo which is a main city in Hokkaido. We have the ocean, the mountains and the rivers and it is such a beautiful place to live. Lately the town opened a hot spring bathing house.
I moved here 21 years ago and started farming for the first time. The house I live is very old but people say my soul is rich. I traveled all over the world for 4 years and playing the guitar makes me crazy in a happy way. I am a farmer as well as singer song writer.

Tohoku area

Including

Aomori
Akita
Iwate
Yamagata
Miyagi
Fukushima



Tohoku means north east and the area comprises the north eastern part of the main island called Honshu. Surrounded by ocean on three sides, most of this vast region is made up of forested mountains. The area is largely agricultural. It is famous for having some of the country's finest rice, sake (rice wine) and apples. Local craft products include traditional kokeshi dolls and various kinds of lacquerware goods. From Tokyo's domestic airport, Haneda, the flying time to Aomori is 70 minutes. The bullet train from Tokyo to Morioka takes about 3 hours.

The Host Code 038/0804

Name of the Host Fuji Farm

Name of the person responsible
Dennis van den Brink

Type of Host
People newly establishing a new place. A secluded house in the woods.

How to contact this Host
Phone or e-mail.

Address
106 Togamimae Furumichi, Miyakoji-mura, Tamura-gun, Fukushima-ken, 963-4701

Telephone Number
0240 38 3374 or

Mobile 090-18498799

Fax Number 0240-38-3374

E-mail Address
2Dutch@ezweb.ne.jp
(note, this is a mobile phone address so the size of the mails it can receive is limited.

Website

How to get there
From Kuriyama, take the Too line train to Funehiki. We will pick you up from there. It is about a 30 minute drive to our place from the station.

People who live or work at the Host
Dennis who is from The Netherlands and the Aoki family who own the place.

Type of work done at the Host
Drying to start a commercially viable organic farm.

Pets / Livestock
Preparing to keep goats.

Size of the establishment
14 acres

How long can they stay?
By mutual agreement.

Is smoking permitted?
Yes

Can they choose their diet?
Yes

Are children OK?
Yes

Things WWOOFers must bring
Sun and rain protection and a positive attitude.

Jobs WWOOFers will be expected to do

Seeding and weeding, picking vegetables, washing, packaging, painting and building.

Are WWOOFers expected to understand Japanese? No.

Other conditions
Must have a positive attitude and be self motivated.

From the Host
Dennis offered no content here. Best give him a call to ask him directly. He's a kind and approachable person.

The Host Code : 053/1104

Name of the Host : Tetsuyuki Sugiuchi

Name of the person responsible :
Tetsuyuki Sugiuchi

The contact person's name :
Tetsuyuki Sugiuchi

What languages the contact person speaks:
Japanese

Type of Host : Organic farm

Address :
d2-133, Takada, Hiraishi, Nihonmatsu-shi,
Fukushima-ken, 964-0981

Telephone number : 0243-23-6394

Fax number : 0243-23-7703

Mobile number : not applicable

Website : not applicable

E-mail address : not applicable

How to contact this Host : fax, post or phone
(5:30am~7:30am, 12pm~1pm, or 6pm~8 pm)

How to get there : Use Shinkansen (bullet train) for Kooriyama station or Fukushima station and change trains for Nihonmatsu on the Tohoku-hon line. Get off at Nihonmatsu station. I will pick you up there. It will take about 10 minutes by car to the farm.

People who live or work at the Host :
Tetsuyuki Sugiura (male) and a few helpers during the busy times.

Age of the people who work at the Host : Tetsuyuki is 56.

Info on pets or livestock kept : A cat, 16 aigamo ducks

Type of work done at the Host :
100% organic farming for 14 years. Growing non-glutinous rice, black rice, cereals (wheat, oats, millet, soybeans), satoimo (taro), onions, leeks, etc. We use the aigamo duck method to grow our rice. Maintaining cedars and cypresses.

Size of the Host :
Japanese farm house with a thatched roof. Rice field 1.2 h, vegetable field 1.3 h, forest 10 h

The atmosphere of the area : Mixing area of farmers and town people

The climate :
In summer over 30 degrees and in January to March we sometimes have 30 cm of snow but it melts in a week or so.

Languages spoken at the Host :
Japanese only

Times of the year that the Host accepts WWOOFers: All year around.

How many WWOOFers may be accepted simultaneously : Two in spring and autumn and one in winter and summer.

For how long may WWOOFers stay : 4, 5 days

Jobs WWOOFers will be expected to do : Seeding, rice planting, weeding, rice reaping, threshing, harvesting, making mochi (rice cake), making charcoal, maintain the forest, etc.

Is smoking permitted? : No

Can WWOOFers choose their diet? : Yes, vegetarians are welcome.

The normal diet at the Host :
I eat brown rice and vegetables. I sometimes eat fish but not red meat. I also don't take sugar, coke, juice, alcohol and cigarette.

Are children (under 15) OK with a parent or guardian? : Yes, if it is for 2 or 3 days.

Things WWOOFers should bring with them :
Boots and working clothing

Are WWOOFers expected to understand Japanese? : Yes, definitely.

Where WWOOFers will be accommodated : In a private room in the farm house.

Any special conditions at this Host :
WWOOFers who don't smoke and don't drink alcohol.

A message from the Host :
My farm is by the Abukuma river and the beautiful Adatara mountain is near here, too. When I was a child, the area was full of living things. I used to swim a lot. However, after people started to use agricultural chemicals, the rivers seemed to die. I want to change this situation back to the way it used to be and I'm working hard the 100% organic way. I don't have red meat, dairy goods, processed food, coke, juice, sugar and haven't for more than 10 years. Let's study living a natural life together. I am a member of wild bird club and I can take you to nice places at which you can enjoy nature. If you are interested in cooking, I can teach you how to cook vegetarian food.

The Host Code 005/0405

Name of the Host

Tamago-ya

Name of the person responsible

Yuichi Yamashita

Type of Host

Organic Farm

How to contact this Host

Post or fax

Address

Aza Koide 149-4, Okirai, Sanriku-cho, Oofunato-city,
Iwate-ken, 022-0101

Telephone Number

0192-44-2044

Fax Number

0192-44-2044

E-mail Address

Website

How to get there

Change at the last stop, Sakari station on the JR
Oofunato line to Minami Riasu line on Sanriku
Tetsudo and get off at Sanriku
station.

Or change at the last stop, Kamaishi station on JR
Kamaishi line to Minami Riasu line on Sanriku
Tetsudo and get off at Sanriku station.

People who live or work at the Host

Yuichi Yamashita (in his 30s), wife (in her 20s), their
parents, and their baby boy

Type of work done at the Host

Organic farming, chickens, rice, vegetables, pumpkin

Pets / Livestock

A dog, a cat / chickens, ducks, goats

Size of the establishment 1 ha

The atmosphere of the area : Quiet place close to the
mountain and close to the ocean.

The climate : In June and July we have lots of rain.

Languages spoken at the Host: Japanese and English

Times of the year that the Host accepts

WWOOFers : April to June, September to November

**How many WWOOFers will may accepted
simultaneously :** 1

For how long WWOOFers may stay : From a short
time up to one month

Jobs WWOOFers will be expected to do : General
farming work and chopping wood, etc.

Is smoking permitted? No

Can WWOOFers choose their diet? No

Can WWOOFers choose their diet? : General
Japanese meals

Are children OK? No

Things WWOOFers must bring If possible rubber
boots and working clothes

**Are WWOOFers expected to understand
Japanese?**

Yes.

Where WWOOFers will be accommodated : in a
private room

Any special conditions at this Host: WWOOFers
who are interested in farming or want to have a
country experience.

From the Host

We keep about 500 chickens on the ground. We
deliver their eggs to the city. We grow organic
vegetables for our own use. WWOOFers who have no
experience farming might find it a little hard doing
this simple farming work but they will get real natural
experience. Our method growing rice is called
Aigamo method. We keep Aigamo ducks in June
which eat weed and clean the rice field. Very unique
method in Japan. In September and October is the
busiest season and we are glad if WWOOFers can
come around that period especially.

The natural environment remains mostly undisturbed
in this area. WWOOFers can enjoy bird watching and
walking in the bush in their free time.

The Host Code 001/0405

Name of the Host
Utagaki Yumeien

Name of the person responsible
Ko Kouchiyama

The contact person's name : Ko Kouchiyama

Type of Host Organic farm

How to contact this Host
Telephone, fax or post

Address
Aza Matsudate 89, Hirose, Esashi-city, Iwate-ken,
023-1133

Telephone Number
0197-36-3292

Fax Number
0197-36-3292

E-mail Address

Website

How to get there
Catch a train or a bus to JR Kitakami train station.

People who live or work at the Host
Ko, Kana (in their 30s) and two boys (9 and 3)

Type of work done at the Host
Organic farming, producing eggs, sausages, bread,
rice, vegetables, grapes and so on. Using
permaculture, biodynamic, Aigamo method,
companion farming, etc.

Pets / Livestock
3 dogs, 1 cat, 500 chickens, 30 Aigamo ducks, 6
sheep, 1 goat, 2 pigs

Size of the establishment
6.3 ha Forest, field

The atmosphere of the area :
We built a house and started to live self sufficiently in
the middle of nowhere.

The climate : In winter it is cold but in summer it is
nice and warm.

Languages spoken at the Host:
Japanese and English

Times of the year that the Host accepts
WWOOFers : April to November

How many WWOOFers will may accepted
simultaneously : 3,4 WWOOFers

For how long WWOOFers may stay : from one
week

Jobs WWOOFers will be expected to do :
Picking up eggs, wiping eggs, sowing chickens'
droppings, picking weeds, cutting weeds, making hay,
maintaining mountain areas, chopping woods,
carrying wood, planting seeds & seedlings, etc.

Is smoking permitted? No

Can they choose their diet?
Vegetarians are OK.

An indication of the normal diet at the Host: We eat
our vegetables, our homemade bread, cakes and miso.
We also have fish, eggs and dairy food.

Are children OK?
No, but negotiable.

Things WWOOFers must bring
A hat

Where WWOOFers will be accommodated :
There are 2 rooms in the WWOOFer's house.

Are WWOOFers expected to understand
Japanese?
No, WWOOFers don't need to speak Japanese much if
they can speak English.

Other conditions WWOOFers who are interested in
organic farming and have healthy mind and body.

From the Host
We are surrounded by beautiful nature. Our aim is to
build a self-sufficient village. We adopted companion
farming. We keep various livestock and grow plants
and fruit trees together which get along well with
those animals. It is beautiful to see that Aigamo ducks
are in the rice field, sheep and chickens are in the
orchard, pigs and goats are in the mulberry field. We
also grow wheat, soybeans and turnips in the same
field. WWOOFers can learn lots of things about
companion farming and living self-sufficiently. We
are trying to use self-sufficient energy. We use wood
to cook, take a bath and heat the house. When
WWOOFers have free time, they can go to see
Japanese drum classes near here.

The Host Code 006/0405

Name of the Host Mizuhara Organic Farm

Name of the person responsible
Misako Watanabe

Type of Host
Organic farm & organic food shop

How to contact this Host
Fax, post in Japanese writing or phone in Japanese

Address
Satsuki Shizen Shokuhin (Satsuki Natural Food Shop),
11-19, Satsuki-cho, Fukushima-city, Fukushima-ken,
960-8061

Tel No
024-523-1924, or 024-521-5724 (early in the morning
/ after 8:30pm)

Fax Number
024-523-1924

Mobile number : 090-9422-8508

E-mail
wtmb-e@beige.plala.or.jp

Website

How to get there
Walk from JR Fukushima station for about 10 to 15
minutes. Then you will see Satsuki Shizen
Shokuhinten (Satsuki Natural Food Shop).

People who live or work at the Host
Misako Watanabe and her husband, Eiji, their son

Age of the people who work at the Host: They are in
their 50, 60's.

Type of work done at the Host
Organic farming, an organic food shop and restaurant

Pets / Livestock
A cat and a dog

Size of the establishment
2,500 tsubo

The atmosphere of the area : The organic shop is in
the city and the farm is in the countryside.

The climate : In summer hot and in winter cold
because the area forms a natural basin.

Languages spoken at the Host: Japanese

**Times of the year that the Host accepts
WWOOFers** : All year around.

**How many WWOOFers will may accepted
simultaneously** : 4, 5

For how long WWOOFers may stay : From one day
to longer periods.

Is smoking permitted?
No

Can they choose their diet?
Yes

An indication of the normal diet at the Host:
Mainly vegetables.

Are children OK?
No

Things they must bring
Personal effects, rubber boots

Jobs WWOOFers will be expected to do
Farm land cultivation, weeding, cleaning the shop and
the house, looking after the dog

**Are WWOOFers expected to understand
Japanese?** Yes

Where WWOOFers will be accommodated : The
mountain cottage which was built in 2003.

From the Host
Our mountain cottage was completed and our dream is
going to be a real one. We are a friendly family and
we really welcome to have WWOOFers who can help
our dream.

The Host Code 029/0305

Name of the Host

Handmade Soba, Zoukou Juku

Name of the person responsible

Nobuoki Kaneko

Type of Host

Handmade soba (buckwheat noodles) restaurant
(November to June) and Organic farming (spring to autumn)

How to contact this Host

Phone, fax, e-mail or post

Address

Nakaisazawa 1034, Nagai-shi, Yamagata-ken, 993-0024

Telephone Number 0238-84-6124

Fax No 0238-84-7231 (home tel & fax)

E-mail Address zoukou@e.jan.ne.jp

Website

How to get there

At JR Akayu train station change to the Flower Nagai line to Nagai station and catch a taxi at Nagai station. Or, we can pick you up at JR Akayu train station.

People who live or work at the Host

Nobuoki Kaneko and his wife (in their 50 and 60s), his son (they both work at different places).

Type of work done at the Host

Grow buckwheat, mill it, make noodles and sell at the restaurant (November to June). In our farming we use agricultural chemicals as little as possible.

Pets / Livestock A dog

Size of the establishment

Shop 20 tsubo, vegetable field 70 a, buckwheat field 2 ha

How long can WWOOFers stay?

We accept WWOOFers all year round. One person for a week and if everything goes well, up to one or two months is possible. When we are asked to help in our neighbours' orchards, we need two or three WWOOFers at the same time and they can stay for 10 to 30 days.

Is smoking permitted?

Yes

Can WWOOFers choose their diet?

No. We ask WWOOFers to eat almost the same food that we eat.

Are children OK? No

Things WWOOFers must bring

Jobs WWOOFers will be expected to do

Helping in our Soba restaurant, farming and preparing meals

Are WWOOFers expected to understand Japanese?

Yes, intermediate or more

Other conditions

If WWOOFers wish, they can cook their own meals. In that case, we will provide the ingredients.

From the Host

Here it is surrounded by mountains and it takes 10 minutes to go to Nagai city by car and 20 minutes to Akayu station. This Isazawa area has 1,500 people from 400 families. Kubo cherry blossom trees up to twelve hundred years old grow in this area. Nagai city has a sustainable city plan and they make compost from kitchen garbage. We use that compost in our field. After we harvest our vegetables, we sell them in a small shop next to the soba shop. Our soba shop is in a 120 year-old farm house which was our old home. At first we ran it in joint management with friends, but now I am the only one running the restaurant. "Dewakaori" is the name of our soba brand and we provide 100 % buckwheat noodles.

The Host Code : 064 / 0305

Name of the Host : Shizen Farm Ureshipamoshiri

Name of the person responsible :
Toru and Junko Sakawa

The contact person's name :
Toru and Junko Sakawa

What languages the contact person speaks:
Toru can speak English.

Type of Host : 100 % organic farming

Address :
1-18, Higashi-Haruyama, Towa-cho, Waga-gun,
Iwate-ken, 028-0113

Telephone : 0198-44-2598

Fax number : 0198-44-2598

Mobile number :

Website :

E-mail: ureshipa@vp.tiki.ne.jp

How to contact this Host : Fax or phone

How to get there :
Catch a Shinkansen, (a bullet train), and change trains at Shin-Hanamaki train station to Kamaishi-sen Line and get off at Tsuchizawa station. You can catch a normal train on the Tohoku-sen Line to Hanamaki train station and change trains for Tsuchizawa station.

People who live or work at the Host:
Toru and Junko and their little children.

Age of the people who work at the Host :
They are in their 30s.

Info on pets or livestock kept :
3 dogs, 1 cat, 200 chickens, 40 aigamo ducks, a few pigs

Type of work done at the Host :
Growing various grains; rice, wheat, beans, etc. and making food products from them. Producing eggs, chicken meat and pork. In our growing house we have vegetables, fruits and mushrooms.
Holding permaculture classes.

Size of the Host :
75 a Rice field , 125 a vegetable field

The atmosphere of the area :
Farming area

The climate :
In summer we have very hot days for only a week or so, in winter we have cold days like minus 10 degrees but we don't have much snow.

Languages spoken at the Host :
Japanese, English

Times of the year that the Host accepts
March to November

How many WWOOFers may be accepted simultaneously : 3 WWOOFers

For how long may WWOOFers stay :
Prefer one or 2 weeks but it depends on the situation.

Jobs WWOOFers will be expected to do :
General farming work, preparing firewood, clearing land, making food products as you wish.

Is smoking permitted? :
No

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host :
We try to eat seasonal vegetables self sufficiently.

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them:
Working clothes, boots, etc.

Are WWOOFers expected to understand Japanese? : Not necessary

Where WWOOFers will be accommodated ;
In a house for trainees and WWOOFers

Any special conditions at this Host:

A message from the Host:
Our farm is situated in a sunny place in the middle of a mountain. Wild animals such as antelopes, foxes and raccoons come here. I did WWOOFing around in New Zealand in 1994 as a wwoofer and I learned Permaculture. I wanted to practice Permaculture and I decided to start farming and moved in this land. We began a Permaculture design courses in 2002 and this farm is getting busier. Our prime or precious thought is "tie" which is at the core of Permaculture. Our aim is supporting each other; livestock, vegetables, nature and humans. Our farm name is Ureshipamoshiri and it is from the Ainu language. It means "the natural environment". In the future we want to keep cows and try Biodynamic farming to make this farming circle bigger and steady. We want to meet people who can share our soul as well as working together.

The Host Code :
071/0405

Name of the Host:
Hanatohaabu no Sato (Flowers and Herbs Village)

Name of the person responsible :
Keiko Kikukawa

The contact person's name : Keiko Kikkukawa

What languages the contact person speaks:
Japanese and a little English

Type of Host :
Organic farming, environmental organization

Address :
Toyohara, 1521, Kurauchi-Sasazaki, Rokkasho-mura,
Kamikita-gun, Aomori-ken, 039-3215, Japan

Telephone number : 0175-74-2522

Fax number : 0175-74-2522

Mobile number :

Website:
E-mail address : kei6@r20.7-dj.com

How to contact this Host : e-mail, phone, fax

How to get there :
Take a train on the Tohoku-honsen JR train Line. Get off at Noheji station. Catch a Towada-kanko-dentetsu bus for Hiranuma. Get off at Chitose chugakko-mae bus stop. Walk for 3 kilometers. We may come to Noheji station to pick up WWOOFers.

People who live or work at the Host:
Keiko and a partner, a few volunteers

Age of the people who work at the Host:
They are in their 40's and 50's.

Info on pets or livestock kept : 3 cats

Type of work done at the Host:
We grow 100% organic tulips. Many visitors come to see tulips in May. Sell bulbs in September. Grow organic vegetable for ourselves.

Size of the establishment : 1.5 ha

The atmosphere of the area : Farming village

The climate :
In summer cool, highest temperature will be about 25 degrees. In spring and autumn, from 5 to 15 degrees.

Languages spoken at the Host:
Japanese and English.

Times of the year that the Host accepts WWOOFers :
April to October

How many WWOOFers will may accepted simultaneously :
6 WWOOFers

For how long WWOOFers may stay :
A few days to one week. If WWOOFers want to stay longer, first stay for a week as a trial and when it goes well, it is possible to stay up to 6 months.

Jobs WWOOFers will be expected to do :
Weeding, cutting grass, sowing, harvesting, etc.

Is smoking permitted? : Yes but only in a certain area.

Can WWOOFers choose their diet? : If they cook by themselves, yes.

An indication of the normal diet at the Host:
We eat lots of vegetables. A little fresh fish, a little eggs and a little meat.

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them :
Working clothes, a hat, etc

Are WWOOFers expected to understand Japanese? : Yes to a certain degree.

Where WWOOFers will be accommodated :
Our guest house, called Ushigoya, a big one room.

Any special conditions at this Host :
We have only a small bathtub and we go to take a bus to a local onsen (hot spring) by car. If WWOOFers want to go out and eat, they have to pay by themselves. When we are too busy doing environmental activities, we cannot work together at the farm.

From the Host:
Our guest house, Ushigoya was born as a center house for the movement against the nuclear fuel cycle in Rokkasho village. We, Flowers and Herbs Village, (Hanatohaabunosato in Japanese), have the tulip festivals every year. The slogan of the festivals is actually building a village which won't rely on the nuclear fuel. 2004 will be the 11th year. We sell tulip bulbs by mail order informing people of the danger of the nuclear fuel. Our house is not new and it is situated on hilly land and we can just see nature here. We eat meals together with WWOOFers.

Kanto area

Including:

Tochigi
Ibaraki
Gunma
Saitama
Chiba
Tokyo
Kanagawa



The Kanto is Japan's largest plain and very densely populated. The large cities of Tokyo and Yokohama are located in the Kanto Region. The Chichibu-Tama National Park offers opportunities for hiking and enjoying nature. There is a long-standing rivalry between the Kansai region and it's main city of Osaka and Tokyo. Kansai residents consider Tokyo people stuck-up and shallow, while in Tokyo, Kansai people are thought of as too direct and obnoxious.

The Host Code :018/0904

Name of the Host:

Soratobu Monyongoro-mura

Name of the person responsible : Takashi Sato

The contact person's name : Takashi Sato

What languages the contact person speaks:

Japanese, German and Italian

Type of Host :

Organic farm and mentally handicapped peoples' working place.

Address :

Ichihana 3779, Ichikai-machi, Haga-gun, Tochigi-ken, 321-3423

Telephone number : 0285-68-1774

Fax number : 0285-68-1774

E-mail : QWU00304@nifty.ne.jp

How to contact this Host : e-mail, post, phone or fax

How to get there :

Use Mooka railway line, get off at Ichihana or get off at JR Utsunomiya station. We will pick up from station.

People who live or work at the Host :

Takashi Sato and his wife, Yuka and 4 mentally handicapped people.

Age of the people who work at the Host:

Takashi and Yuka are in their 30 and 40s.

Info on pets or livestock kept :

Chickens, 2 dogs and a cat

Type of work done at the Host :

Supporting mentally handicapped people through giving organic farming work such as chopping wood, growing vegetables, blueberries and eggs.

Size of the host :

About 1-cho of vegetable field, 52-tsubo house and 7 tsubo African library.

The atmosphere of the area : Farming village

The climate :

We have snow just a few times a year but it melts early. Probably the general temperature is a few degrees lower than in Tokyo.

Languages spoken at the Host:

Japanese, German and Italian

Times of the year that the Host accepts

WWOOFers : All year around

How many WWOOFers will be accepted simultaneously : One

For how long WWOOFers may stay :

A month or more preferred.

Jobs WWOOFers will be expected to do :

Farming, wood splitting, helping in the kitchen and with deliveries.

Is smoking permitted? : Yes

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host :

Typical Japanese home meal

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them :

Work clothes

Are WWOOFers expected to understand Japanese? :

Yes to a certain degree. We prefer WWOOFers who are keen to study Japanese/Japanese culture.

Where WWOOFers will be accommodated :

A private room

Any special conditions at this Host:

WWOOFers who are friendly toward handicapped people.

From the Host :

The meaning of Monyongoro is centipede in Kikuyu language (Kenya in Africa). There is a race called "Centipede running". That is a race where, say, 5 or 6 people in a same team line up on two pieces of board. Their left legs are on the left board and their right ones are on the right board. Their feet are tied up with rope to the board. When they run, they have to move their same legs at the same time and speed. We think we should slow down together, otherwise we will all fall down. "Soratobu" means "Flying" in Japanese. We want to get rid of the walls that are country borders, politics, religions, ideology, handicaps, etc. "Mura" means a village. We would be glad if we can help WWOOFers to get to know various people here. Ichihana is famous throughout Japan for its ceramics and we have our own kiln, too.

The Host Code 036/0704

Name of the Host

Himorogi-an

Name of the person responsible

Yoshinari Shimoyamada

Type of Host

Clinic using holistic medicine, natural farm

How to contact this Host

e-mail, fax, letter

Address

1843 – 5, Oohara, Ooharamachi, Isumi-gun, Chiba-ken, 298-0004

Telephone Number 0470-60-8824

Fax Number 0470-60-8823

E-mail Address info@himorogian.jp

Website <http://www.himorogian.jp>

How to get there

From JR Tokyo station catch an express train for Awa-kamogwa on the Sotobo line. It will take about 70 minutes. Get off at Oohara station. Or from JR Tokyo station catch a Sobu-kaisoku train for Chiba station for 40 minutes and change to the Sotobo line and it will take about 70 minutes. Get off at Oohara station. 25 minutes walking distance from Ooharastation or we will come to pick you up.

People who live or work at the Host

Yoshinari and his wife, daughter (3 yrs old)

Type of work done at the Host

Clinic using holistic medicine (natural medicine) acupuncture, chiropractic, homeopathy, flower essence, food treatment, fasting, etc.
Growing organic rice, potatoes, beans, tomatoes, corns, carrots, herbs, daikons, etc. Making natural tea.

Pets / Livestock A female cat (4 yrs old)

Size of the establishment

An average size house, rice field 2,600 m2, vegetable field 2,800 m2

How long can they stay?

One WWOOFer can stay with us at the one time. After an initial period, WWOOFers can stay for up to one year by mutual agreement.. We accept WWOOFers all year around.

Is smoking permitted? Yes (not inside)

Can they choose their diet? Yes

Are children OK?

About 3 to 6 years old are fine.

Things they must bring

Health body, honest heart and working clothes, music instruments, swimming suits/pants

Jobs they will be expected to do

General farming, looking after the child, cooking, washing the dishes, cleaning

Are they expected to understand Japanese?

If WWOOFers can speak English, they do not need to speak Japanese.

Other conditions

They prefer women WWOOFers.

From the Host

We run a clinic and we use natural treatment to our clients. We work to heal their body and soul.

The vegetables and rice we grow using an organic method are just for our family.

We use 'Shizen-no' natural farming method which is insects and weeds free.

Yoshinari's wife can speak English.

The Host Code 034/0704

Name of the Host Log House Inn Maple

Name of the person responsible Tadataka Sato

Type of Host Pension, a shop and a farm

How to contact this Host E-mail, fax, phone, letter

Address

Yumoto 1053, Kambara, Tsumagoi-mura, Agatsuma-gun, Gunma-ken, 377-1524

Telephone Number 0279-86-2956

Fax Number 0279-86-3919

E-mail maple00@nifty.com

Website

<http://www.karuizawa.co.jp/stay/maple/index.html>

How to get there

From JR Ueno station catch a Shinkansen (bullet train) to Karuizawa station and we will pick you up there. Or you can come to Manza Shikasawaguchi station on the JR Agatsuma line and we will pick you up at the station.

People who live or work at the Host

Tadataka and his wife, his parents and part time workers (4 to 5 people)

Type of work done at the Host

They run a pension, a farm and a shop. Growing cabbages, corns, potatoes and herbs. Party using an organic method. At the shop, selling potatoes, croquettes, fried noodles, etc.

Pets / Livestock A dog

Size of the establishment

Field 6 ha. A pension (6 rooms) and a cottage

How long can WWOOFers stay?

Longer stays like 6 months to be determined after an initial trial period. Especially the April to November period is busy. We accept WWOOFers all year around. Two WWOOFers can be accepted at the same time.

Is smoking permitted? Yes

Can WWOOFers choose their diet? Yes

Are children OK? No

Things WWOOFers must bring

Personal belongings

Jobs WWOOFers will be expected to do

Planting, harvesting and cutting cabbages. Helping pension work. Help the shop work.

Are WWOOFers expected to understand Japanese?

Yes, to a certain degree.

Other conditions

Women WWOOFers are preferred.

From the Host

This area is famous as a quiet summer resort and ski resort. Lots of green and lots of good air. The work you do here is simple and it does not take too long to do. You will get one day off per week. It is nice visiting sightseeing spots near here or you can walk to Toy Kingdom, stock farms or a swimming pool. You may join us going to an onsen (hot spring) sometimes. You can make good friends with our part time workers in summer time. In winter you can ski a lot in your free time. There is no farming work in winter but a job at a restaurant.

The Host Code 020/1104

Name of the Host

Tatsuo Hisamatsu

Name of the person responsible

Tatsuo Hisamatsu

Type of Host

Organic farm

How to contact this Host

Phone, fax, e-mail, post

Address

Fujisawa 1301-1, Niihari-mura, Niihari-gun, Ibaraki-ken, 300-4115

Telephone Number

0298-62-5203

Fax Number

0298-62-5203

E-mail

kazedayori107@ybb.ne.jp

Website

How to get there

1. From JR Tsuchiura station on Tokiwa line, catch a bus for "Shimozuma", "Tsukuba", "Makabe" or "Takaoka" and in 20 minutes get off at "Fujisawa-jujiro". We will meet you there. Or

2. At the Yaesu South exit at Tokyo station, catch a rapid bus for "Tsukuba Center" and in an hour get off at the last stop. We will pick you up there.

People who live or work at the Host

Tatsuo and his wife (in their 30s)

Type of work done at the Host

Organic farming. 50 different kinds of vegetables

Pets / Livestock

A cat

Size of the establishment

1 ha :vegetable field, 30 a: rice field

How long can they stay?

Minimum one week. Maximum about 3 weeks. We accept WWOOFers all year round

Is smoking permitted?

No

Can WWOOFers choose their diet?

Yes. They can cook.

Are children OK? No

Things WWOOFers must bring

Rubber boots (if you have)

Jobs WWOOFers will be expected to do

General farming work

Are WWOOFers expected to understand Japanese? No

Other conditions

People who are interested in farming. We do not want WWOOFers whose purpose is just sightseeing. WWOOFers cook their meals by themselves.

Where WWOOFers will be accommodated

WWOOFers house

From the Host

Niihari is a small town but our farm is close to the road and is a lively place. Our farm is on flat land near Tsukuba mountain and we do not have snow. This area is a good place to grow all kinds of vegetables.

Tatsuo can speak English and French. His wife can speak English.

The Host Code 022/0105

Name of the Host

Hana Farm

Name of the person responsible

Takeo Shimizu

Type of Host

Organic Farm

How to contact this Host

Phone, Fax, E-mail, Post

Address

1530-1, Ooaza Fusaiji, Okabe-cho, Oosato-gun,
Saitama-ken, 369-0203

Tel No

048-585-4335 or mobile 090-7226-8610

Fax Number

048-585-4335

E-mail

hanafarm@mail.raidway.ne.jp

Website

www2.raidway.ne.jp/~hanafarm

How to get there

Get off at Okabe train station on Takasaki line and
walk for 7 minutes.

People who live or work at the Host

Takeo Shimizu and a few full time and part time
workers

Type of work done at the Host

Producing and selling organic vegetables

Pets / Livestock

Size of the establishment

5 ha (2 ha is cultivated land)

How long can WWOOFers stay?

Accepting WWOOFers all year round. Longer stays
to be determined after an initial trial period.
Maximum two WWOOFers at the same time are
accepted.

Is smoking permitted?

No

Can WWOOFers choose their diet?

Yes

Are children OK?

No

Things WWOOFers must bring

Working clothes and shoes.

Jobs WWOOFers will be expected to do

General farm work and preparing vegetables for
delivery.

**Are WWOOFers expected to understand
Japanese?** No

Other conditions

We welcome all sincere WWOOFers but prefer
WWOOFers who are interested in farming and eco
issues.

From the Host

Hana Farm is about 80 minutes from Ueno Station in
Tokyo. It is North-West of the Kanto Plain. This area
is widely used as farm land and especially for the
growing of green vegetable. We experience strong
and dry winds from the direction of Akagi mountain
here. We don't have snow therefore we can work
during winter time. We don't use any agricultural
chemicals and chemical fertilizers at Hana Farm. We
deliver organic vegetable parcels once a week to our
members. We cultivate small quantities of various
kinds of vegetables at the most appropriate time of the
year. We welcome WWOOFers, especially those who
are interested in farming and ecoactivity.

The host can speak English.

The Host Code 027/0305

Name of the Host

Nasu Inaka-mura Oto Camp-jo & Oiwa Charcoal Shop

Name of the person responsible

Toshio Oiwa

The contact person's name :Masako Oiwa

Type of Host

Organic farm, campsite, charcoal shop/small factory

How to contact this Host

Phone, fax, e-mail or post

Address

Kamikawai 944, Minami Nasu-machi, Nasu-gun, Tochigi-ken, 321-0505

Telephone Number

0287-88-0455 (campsite), 0287-88-7941 (home)

Fax Number

0287-88-7941

Mobile number : 090-4439-4230

E-mail

camp@nasuinakamura.com

Website www.nasuinakamura.com

How to get there

From JR Ujiie station catch a bus for Bato and in 30 minutes get off at Gunsawa and walk for three minutes.

People who live or work at the Host

Toshio Oiwa and his wife, son

Type of work done at the Host

Farm, potatoes, tomatoes, eggplants, cucumbers, leeks, pumpkins, daikons, etc. Producing charcoal, making black charcoal, making Mokusaneki Campsite, cleaning, teaching natural life style (camping, making soba-noodles, craft, making smoked food, etc.)

Pets / Livestock

2 dogs

Size of the establishment

Farm 10 a, campsite 2 ha, pipehouse 2 a, 8 bungalows

The atmosphere of the area : It is surrounded by forest and it is close to the main road as well but quiet.

The climate : Mild climate.

Languages spoken at the Host: Japanese and a little English.

Times of the year that the Host accepts

WWOOFers : All year around.

How many WWOOFers will may accepted simultaneously : 2

For how long WWOOFers may stay : From one week. Longer period is possible.

Jobs WWOOFers will be expected to do :

General farming, making charcoal, helping camping work

Is smoking permitted?

Yes

Can WWOOFers choose their diet?

It depends.

An indication of the normal diet at the Host: Mixed diet.

Are children OK? No

Things WWOOFers must bring Boots, working clothes

Are WWOOFers expected to understand Japanese?

Yes, to a certain degree.

Where WWOOFers will be accommodated : In a house in which the host live or in a different house.

Other conditions

Sincere WWOOFers who work patiently. We don't want WWOOFers whose purposes are just for sightseeing.

From the Host

We are farming and producing charcoal mainly. We are situated at the north-east of Tochigi prefecture. There are many trees around here and we live naturally; in summer it is hot and in winter it is cold. This is the best place if WWOOFers want to live in the countryside. WWOOFers can learn how to make fire, enjoy an outdoor life style, learn how to make charcoal and how to make log houses, etc. We speak only Japanese.

The Host Code 023/0205

Name of the Host Jisei Farm (Ono Farm)

Name of the person responsible
Kenji and Yoko Ono

The contact person's name : Yuka Ono

Type of Host
Organic Farm

How to contact this Host
Fax or e-mail

Address
Sugaya 2218, Sashima-machi, Sashima-gun, Ibaraki-ken, 306-0505

Tel No
0280-88-7670 (daytime), 0280-88-0610 (nighttime)

Fax Number
0280-88-7670

E-mail
onofarm@koganet.ne.jp

Website
www.koganet.ne.jp/~onofarm

How to get there
From Tokyo station, catch an express bus for Sashima and get off at Sashima Yakuba (Sashima town office) which is the last stop. We will pick you up there.

People who live or work at the Host
Kenji and Yoko, Yuka (in her 30s) and a mother

Age of the people who work at the Host :
In their 60s

The atmosphere of the area : Farming area.

The climate : Flat land and mild climate.

Type of work done at the Host
Natural poultry farming. We make safe natural food (post harvest chemical free, using EM (Effective Microorganisms), charcoal, etc.) for our chickens and raise healthy chickens.

Pets / Livestock
About 1,500 chickens and two cats

Size of the establishment
0,5 ha

How long can WWOOFers stay?
From 2 to 3 days. We accept WWOOFers all year round. One WWOOFer can be accepted at the one time (or 2 if two WWOOFers are traveling together)

Is smoking permitted? No

Can WWOOFers choose their diet?

Yes as long as the requirements are not extreme. We eat mainly vegetables.

Are children OK? No

Things WWOOFers must bring
Working clothes and shoes.

Jobs WWOOFers will be expected to do
Farming work such as weeding, working in the forest, mending the buildings, picking up eggs, etc. and also environmental work such as picking rubbish, cleaning rivers using EM (Effective Microorganisms), recycling, etc.

Are WWOOFers expected to understand Japanese? No.

Other conditions
WWOOFers who are interested environmental issues.

From the Host
We are in the area called Kanto flat land where a peaceful rural landscape can be seen around. Ono farm is surrounded by miscellaneous trees. You can see and experience hand made buildings, healthy chickens, a charcoal kiln, potbellied stoves and be reminded of days gone by. Our farm is organic. We are the center for "NPO the Group Thinking about Mother Earth in Sashima". We are active spreading the use of EM which solves ecological problems and in supporting UNICEF and people in Peshawar in Pakistan sending some money from selling surplus vegetables. We hope WWOOFers will get to know this beautiful simple life style and feel the great experience of our ecological activities. Yuka and her mother can speak English.

The Host Code 011/0405

Name of the Host
Nakamura Shizen Farm

Name of the person responsible
Kenji Nakamura

Type of Host
Organic farm

How to contact this Host
Post
Sorry but we are not accepting WWOOFers now.

Address
Ooyaru 402, Yachimata-city, Chiba-ken, 289-1134

Telephone Number
043-445-5611

Fax Number
043-445-5611

E-mail
kenji-yachimata@muh.biglobe.ne.jp

Website
<http://nakamura.abz.jp>

How to get there
At JR Yachimata station, catch a bus. It takes about 15 minutes. There are not many bus schedules, so we can pick you up from the station.

People who live or work at the Host
Kenji Nakamura (in his 50s) and his wife

Type of work done at the Host
Organic farming various vegetables

Pets / Livestock
100 chickens (Ukokkei and Japanese bantams)

Size of the establishment
5000 m2

How long can WWOOFers stay? Sorry but we are now stopping accepting WWOOFers for a while.

Is smoking permitted?
Permitted

Can WWOOFers choose their diet?
Yes

Are children OK? No

Things WWOOFers must bring

Jobs WWOOFers will be expected to do

Are WWOOFers expected to understand Japanese? Not necessary

Other conditions

People who like chatting are welcome. We accept WWOOFers to get to know their culture and the real situation in their country.

From the Host

We grow hundreds of vegetables and fruit trees in our small field, about 5,000 m2. The work is tending small chores. As I, Kenji Nakamura, am an essayist (not a popular one) as well as a farmer, we are not pure farmers.

Kenji understands English and a little Russian.

The Host Code 007/0405

Name of the Host

Kinoushi Juku

Name of the person responsible

Tadashi Tomatsu

Type of Host

Organic Farm

How to contact this Host

Phone, fax, e-mail, post

Address

Nakayama 1041, Karasuyama-machi, Nasu-gun,
Tochigi-ken, 321-0604

Telephone Number

0287-83-0930

Fax Number

0287-83-0930

E-mail

kinousi@par.odn.ne.jp

Website

www2.odn.ne.jp/kinousi

How to get there

Get off at JR Karasuyama station and catch a bus for
Bato, in about 20 minutes get off at Yaazami.

People who live or work at the Host

Tadashi Tomatsu & wife (in their 50s), two adult sons,
6 trainees

Type of work done at the Host

Organic farming. 70 kinds of vegetables, rice and
mushrooms

Pets / Livestock 2 pigs, 500 chickens and sheep

Size of the establishment 7 ha

How long can WWOOFers stay?

One week to one month but longer stays to be
determined. We accept WWOOFers all year around.
Only one WWOOFer can be accepted at a time.

Is smoking permitted?

Yes

Can WWOOFers choose their diet?

No

Are children OK?

No

Things WWOOFers must bring

Work clothes, boots

Jobs WWOOFers will be expected to do

**Are WWOOFers expected to understand
Japanese?** Not necessary

Other conditions

WWOOFers who are interested in organic farming.
We do not want WWOOFers whose purpose is just
sightseeing. WWOOFers who can work through our
job schedule.

From the Host

Trainees from all over Japan come here and everybody
is serious to learn. Trainees do farm work, deliver
products, accounting, edit farm newsletters and so on.
We just started to cooperate helping Indonesian farm
villages.

Other notes:

People at the Host Establishment understand English.

The Host Code 035/0704

Name of the Host

Brown's Field

Name of the person responsible

Everett Brown

Type of Host

Organic farm, photographer / cooking teacher / essayist

How to contact this Host e-mail

Address

1501-1, Kuwada, Misaki-machi, Isumi-gun, Chiba-ken, 299-4504

Telephone Number

0470-87-4501

Fax Number

0470-87-4501

E-mail Address

deco@sea.plala.or.jp

Website

How to get there

Get off at Choja-machi train station of Sotobo line and we will pick you up there. From the station it will take 7 or 8 minutes to the host.

People who live or work at the Host

Everett Brown and his wife Deco. They are in their 40s. Three children (they go to junior high school, elementary school and kindergarten)

Type of work done at the Host

Growing traditional ancient Jomon rice, vegetables. Everett is a photo journalist and a chief in Japan of epa which is a European news agency. His wife, Deco is a macrobiotic cooking teacher and essayist.

Pets / Livestock

Aigamo ducks, 4 cats and a dog

Size of the establishment

About 1,700 tsubo

How long can WWOOFers stay?

To be determined. Two, three WWOOFers can be accepted at the same time. All year around.

Is smoking permitted?

No

Can WWOOFers choose their diet?

Yes

Are children OK?

Yes (As it depends on the child, the host can accept children from about 5 years old.)

Things WWOOFers must bring Working clothes

Jobs WWOOFers will be expected to do

General farming including weeding and cooking, cleaning, washing, walking with the dog, looking after the children, etc.

Are WWOOFers expected to understand Japanese? Not necessary at all.

Other conditions

WWOOFers who like nature, children and animals. The host does not offer meat and eat little bit of fish and eggs. They can cater for vegans. On weekdays the host works inside and only WWOOFers work at the farm work.

From the Host

We live in a lively small field in Chiba-ken close to the Pacific ocean and surrounded by forest. Ours is a traditional Japanese farm house and we specialize in growing traditional Japanese ancient rice and vegetables. There is a main farm house, a tree house, a cabin, a small house which used to be a warehouse, etc. You can enjoy surfing at the beach 15 minutes from here. If you are interested, we can teach you how to cook macrobiotic food or photography. It would be nice if you could teach me (Deco) and our children English. I am Japanese but my husband Everette is from the US and speaks Japanese.

The Host Code : 063 / 0305

Name of the Host : Minori Farm

Name of the person responsible :
Hajime Hoshino

The contact person's name :
Atsuko Hoshino

What languages the contact person speaks:
Japanese

Type of Host : Farm, Farm-inn, Farm restaurant

Address :
360 Suganuma,, Katashina-mura, Tone-gun, Gunma-ken, 378-0403

Telephone : 0278-58-3954

Fax number : 0278-58-4413

Mobile number : 090-6196-6887

Website : www.minori-farm.com/

E-mail: minori-f@agate.plala.or.jp

How to contact this Host : E-mail, fax phone or post

How to get there :

Get off at Numata train station on the Joetsu-sen Line. Catch a Sekietsu bus for Ose-Nikko and get off at Kamata after about 90 minutes. We will come to Kamata to pick WOOFers up.

People who live or work at the Host:
Hajime and his wife, Atsuko, their son (elementary school age) and their mother, a few staff

Age of the people who work at the Host :
They are in their 40s and 50s.

Info on pets or livestock kept : none

Type of work done at the Host :
We are not completely organic but semi-organic farming. Growing tomatoes, corn, potatoes, green peppers, eggplants, peas, berries, etc. We run a farm-inn as well and many people come here especially in summer. They enjoy our food and outdoor activities.

Size of the Host : 5 guest rooms and 25 guests can stay in our inn and 24 seats in our restaurant.

The atmosphere of the area :
Farming area and a ski field near here.

The climate : 870 meters above sea level. In summer not too hot. From end Dec to mid Mar we have 50 cm of snow.

Languages spoken at the Host : Japanese

Times of the year that the Host accepts
Specially July to September and Christmas / New years season

How many WWOOFers may be accepted simultaneously : 2 WWOOFers

For how long may WWOOFers stay : Prefer more than 2 weeks. 1, 2 months is possible.

Jobs WWOOFers will be expected to do :
General farming work, Cleaning guests' rooms, helping the restaurant work, etc.

Is smoking permitted? :
Yes

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host :
No info provided

Are children (under 15) OK with a parent or guardian? : Depends on the situation

Things WWOOFers should bring with them:
Working clothes, working shoes or boots, a hat, a raincoat, an apron

Are WWOOFers expected to understand Japanese? : Yes to a certain degree.

Where WWOOFers will be accommodated ; In a house for trainees and WWOOFers Or in a house in which the host live.

Any special conditions at this Host:
Prefer WWOOFers who have driver's licence.

A message from the Host:
Katashina-village has 6000 people and lots of rich nature remains here. My husband, Hajime, was born here in this village and I was born in Tokyo and moved here 20 years ago. He was my ski instructor. Since we got married, we worked hard making a good tie between the rural area and the city people. We have many repeater guests who love our place. WWOOFers can eat our fresh vegetables, tofu and natto if you like and can learn how to make jam, juice, etc. WWOOFers can meet lots of nice people. WWOOFers can go skiing using discount ticket and can enjoy hot spring around this area.

The Host Code : 065 / 0305

Name of the Host : Gabare Farm

Name of the person responsible :
Hiroaki and Hiromi Ehara

The contact person's name :
Hiroaki and Hiromi Ehara

What languages the contact person speaks:
Japanese and English

Type of Host : organic farm

Address :
359, Maesuna, Fukiage-machi, Kitaadachi-gun,
Saitama-ken, 369-0132

Telephone : 048-548-1173

Fax number : 048-548-1173

Mobile number :

Website : www.ksky.ne.jp/~gabare

E-mail: gabare@ps.ksky.ne.jp

How to contact this Host : e-mail and phone

How to get there :
From JR Ueno train station in Tokyo, catch a train on the JR Takasaki-sen Line and get off at Fukiage station. Takes 60 min. From Fukiage station 15 min on foot.

People who live or work at the Host:
Hiroaki and Hiromi, their children, their parents

Age of the people who work at the Host :
They are in their 40s.

Info on pets or livestock kept : 200 to 300 chickens, Aigamo ducks, goats, dogs, 10 cats

Type of work done at the Host :
Growing organic Aigamo duck method rice, though my father is still making rice in a main stream way. Producing eggs. Growing 50 to 60 kinds of organic vegetables. Holding farm experience courses for children, seminars and concerts.

Size of the Host :
60a vegetable field, 1,5 ha rice field,

The atmosphere of the area :
It is situated in a small town.

The climate :
In summer we have very hot days, in winter we have strong wind but no snow. Can grow vegetable all year round.

Languages spoken at the Host :
Japanese, English

Times of the year that the Host accepts
All year round.

How many WWOOFers may be accepted simultaneously : 1 WWOOFer

For how long may WWOOFers stay :
Prefer a few days to a week or so.

Jobs WWOOFers will be expected to do :
General farming and supporting the events associated with the environment, food and peace.

Is smoking permitted? :
No

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host :
We try to eat seasonal vegetables self sufficiently. We make our own noodles, udon or soba sometimes.

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them:
If you have them, a sleeping bag, long boots

Are WWOOFers expected to understand Japanese? :
If they can speak English, they don't need to speak Japanese.

Where WWOOFers will be accommodated ;
We are now renovating a 80 year old farm house.

Any special conditions at this Host:

A message from the Host:
"Gabare" means "farmers" in Ethiopia. We lived in Ethiopia as NGO staff and we learned how to live naturally from Ethiopians. We are working hard to make this Gabare farm a place for people around the world to gather and talk about farming,, the environment and world peace. The farm is in a small town. We make many plans to meet people. 10 years have passed since we started organic farming. Our core work is organic farming and we want expand to hold various events through farming.

The Host Code : 070/0405

Name of the Host:

Oshima Farm (Oshimanosan)

Name of the person responsible :

Yasuji Oshima

The contact person's name :

Yasuji Oshima

What languages the contact person speaks:

Type of Host :

Organic farm

Address :

3327-1, Kuwayama, Kyowa-machi, Makabe-gun,
Ibaraki-ken, 309-1127, Japan

Telephone number : 0296-57-3774

Fax number : 0296-57-3774

Mobile number : 090-2441-5490

Website:

E-mail address : osima-7@minos.ocn.ne.jp

How to contact this Host : email, fax, phone, post

How to get there : From Tokyo station it will take about 2 and a half hours. Get off at Shimodate JR station of JR Mito Line. We will come to meet WWOOFers at the station.

People who live or work at the Host:

Yasuji and his wife, Michiko and their 3 teenage children, Yasuji's parents, 2 staff in their 20's

Age of the people who work at the Host:

Yasuji and Michiko are in their 40's.

Info on pets or livestock kept :

18,000 chickens

Type of work done at the Host:

Growing rice, raising chickens for meat, not eggs

Size of the establishment :

The atmosphere of the area :

At the outskirts of the town, half farm houses and half usual houses

The climate :

Similar to Tokyo, perhaps 1 or 2 degrees lower

Languages spoken at the Host:

Japanese

Times of the year that the Host accepts

WWOOFers :

All year around

How many WWOOFers will be accepted simultaneously : 1

For how long WWOOFers may stay :

A few days to 10 days

Jobs WWOOFers will be expected to do :

General farming work except using machines.

Is smoking permitted? :

If possible, no.

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host:

Normal

Are children (under 15) OK with a parent or guardian? : No

Things WWOOFers should bring with them :

Working clothes, working shoes

Are WWOOFers expected to understand

Japanese? : Yes

Where WWOOFers will be accommodated :

In a room in the house in which the host family lives.

Any special conditions at this Host :

WWOOFers who have their own aim and motivation to do WWOOFing.

From the Host:

WWOOFers will know the beauty of organic farming and the hard part of organic farming. We are a friendly family. Our children want to communicate with WWOOFers from all over the world.

Farming is interesting. Please come here and enjoy.

The Host Code : 072/0405

Name of the Host: Japanese restaurant Ayame-tei

Name of the person responsible : Shuji Kuroiwa

The contact person's name :
Shuji and Eiko Kuroiwa

What languages the contact person speaks:
Japanese

Type of Host : Restaurant, farm

Address :
2279-739, Omae-Hosohara, Tsumagoi-mura,
Agatsuma-gun, Gunma-ken, 377-1512, Japan

Telephone number : 0279-86-5153

Fax number : 0279-86-5153

Mobile number : 090-2207-0572

Website:

E-mail address :

How to contact this Host : Fax

How to get there :
From Tokyo, catch a Kusatsugo train for Banzashikasawaguchi. It takes 3 hours. We will come to pick up WWOOFers. Or WWOOFers can catch a bullet train from Tokyo JR station and get off at Karuizawa and catch a bus.

People who live or work at the Host:
Shuji and Eiko, 2 children, parents, a few part time workers

Age of the people who work at the Host: They are in their 30's.

Info on pets or livestock kept : Chickens and ducks

Type of work done at the Host: Main business is the restaurant.

Size of the establishment :

The atmosphere of the area : A holiday village

The climate : In summer nice and cool and in winter cold.

Languages spoken at the Host:

Times of the year that the Host accepts WWOOFers :
During Golden week which is from the end of April to the first week of May, and the summer season.

How many WWOOFers will may accepted simultaneously : 2

For how long WWOOFers may stay :
One week to one month

Jobs WWOOFers will be expected to do :
Cleaning, serving meals, washing dishes, etc.

Is smoking permitted? : Yes, but during working time no.

Can WWOOFers choose their diet? :
It depends on the situation.

An indication of the normal diet at the Host:
Various

Are children (under 15) OK with a parent or guardian? : No

Things WWOOFers should bring with them : A dark colored pair of pants. Jeans are not suitable.

Are WWOOFers expected to understand Japanese? : Yes

Where WWOOFers will be accommodated :
At a pension nearby which is another WWOOF host, 034 Log house in Maple. You may meet and make friends with other WWOOFers staying there.

Any special conditions at this Host

From the Host:
During summer time, lots of Japanese tourists come to relax and it is the time that we become busy. We are all nice people and you have to be enthusiastic living here with us. Be positive and enjoy our Japanese culture in the holiday village.

Chubu area



Including:

Niigata
Toyama
Ishikawa
Fukui
Nagano
Gifu
Yamanashi
Shizuoka
Aichi

The Chubu area is in the center of Japan and includes the Japan Alps, made up of three mountain ranges, the Hida, Kiso and Akaishi Mountains, that run north south. The coastal region between the Alps and the Sea of Japan is known as Hokuriku. The area offers, hiking and skiing, hot springs and places of historical interest. Niigata and Nagano Prefectures are particularly famous for their rice and rice products such as Japanese rice wine ('sake' in Japanese).

The Host Code : 042/0804

Name of the Host: Nagata Farm

Name of the person responsible : Eiichi Nagata

The contact person's name : Eiichi Nagata

What languages the contact person speaks:
Japanese, Chinese and a little English

Type of Host : Organic farm

Address :
Minami 1-3-7, Sumisaka-minami, Suzaka-city,
Nagano-ken, 382-0098

Telephone number : 026-245-1392

Fax number : 026-245-2009

Mobile number : 090-3403-5170

Website: : www.100syo.net/nagata/

E-mail : e-nagata@stvnnet.home.ne.jp

How to contact this Host : e-mail, phone or fax

How to get there :
From Tokyo catch a Shinkansen (bullet train) for Nagano. Takes about 100 minutes. From Nagano catch a Nagano-dentetsu train to Suzaka station. Takes 25 minutes. We will pick you up at the station.

People who live or work at the Host
Eiichi Nagata, his wife (Kiyori, high school teacher), his parents and 3 children (university students and a high school student)

Age of the people who work at the Host
Eiichi and Kiyori are in their 40s.

Info on pets or livestock kept : Japanese carps

Type of work done at the Host:
Growing apples, grapes, shining mushrooms, tiny gentians, etc. Producing cider, wine vinegar, etc.

Size of the establishment :
12,000 m2 farm & 1,600 m2 the house and the factory

The atmosphere of the area :
Mixture of farms and general houses

The climate :
Comfortable weather all year around.

Languages spoken at the Host
Japanese, Chinese and English

Times of the year that the Host accepts WWOOFers :
All year around. (We may not need them during winter time much.)

How many WWOOFers will may accepted simultaneously :
3

For how long WWOOFers may stay :
It depends on the WWOOFers.

Jobs WWOOFers will be expected to do :
Picking flowers, harvesting, weeding, etc.

Is smoking permitted? : We prefer No smoking.

Can WWOOFers choose their diet? :
We prefer WWOOFers who try to eat everything.

An indication of the normal diet at the Host :
Mainly vegetables.

Are children (under 15) OK with a parent or guardian? :
Generally no but we can consider it depending on the situation.

Things WWOOFers should bring with them :
Working clothes

Are WWOOFers expected to understand Japanese? : No.

Where WWOOFers will be accommodated :
The house detached from the main building

Any special conditions at this Host

From the Host :
I taught bioengineering for 23 years at a high school. My father was a farmer and he established a study group of full time farmers. Our work is mainly growing apples and making alcohol from apples and we have just started to produce orchids and a shining mushroom. I have been studying how to grow Shoki orchids recently. I like finding things that have hither to not been available. I also like drinking and chatting but hate smoking. I can enjoy talking with all different types of people. WWOOFers can learn the growing and making of fruit trees, mushrooms, alcohol and the relationships of animals, plants and bacteria. In their free time WWOOFers can ski or walking in the bush.

The Host Code 019/1104

Name of the Host
Fuji Eco Park Village

Name of the person responsible
Masaharu Imai

Type of Host
Organic farm / environmental education center

How to contact
Phone, fax, e-mail

Address
Fujigane 633-1, Kamikuishiki-mura, Nishiyashiro-gun, Yamanashi-ken, 409-3715

Tel No
0555-89-2203 or Tokyo office 0426-26-5107

Fax No
0555-89-3377 or Tokyo office 0426-26-9640

E-mail
info@fujieco.co.jp

Website
<http://www.fujieco.co.jp>

How to get there
Take a Chuo-line at Tokyo JR station and change to Fujikyuko at Otsuki station. Get off at Kawaguchi-ko which is the last stop. We will pick you up there.

People who live or work at the Host
Two staff

Type of work done at the Host
We have an environmental education center using Permaculture. From elementary school children to adult guests visit here. They can have real experiences in organic farming and natural energy systems. Our electricity is completely self-sustainable.

Pets / Livestock
Goats, sheep, chickens, rabbits, ducks, earthworms (10,000) and 2 dogs

Size of the establishment
9,000-tsubo altogether (center house, bungalow, container house, volunteer WWOOFer house)

How long can WWOOFers stay?
Minimum one month. Some people stay up to one year. We accept WWOOFers all year round.

Is smoking permitted?
No

Can WWOOFers choose their diet?
Yes

Are children OK?
No

Things WWOOFers must bring

Work clothes, work shoes/boots and sleeping bag

Jobs WWOOFers will be expected to do
Helping with our organic farming, taking care of animals, helping with environmental education, maintenance of electric cars, maintenance of natural energy facilities, etc.

Are WWOOFers expected to understand Japanese?
No

Other conditions

From the Host
We, Fuji Eco Park, have a homey atmosphere. We opened this park aiming to create a sustainable life style and there is much work to do. We approach environmental issues though trial and error. We welcome various kinds of opinions from around the world. We value the harmony of people and all other creatures and a sustainable life style. We want you to join our project.

8 WWOOFers can stay at a same time.
Masaharu speaks English.

The Host Code 024/0205

Name of the Host

Magokoro Fureai Farm

Name of the person responsible

Kiyotaka Kubota

Type of Host

Organic Farm

How to contact

Fax, e-mail or post

Address

8338 Ooaza Miyamasa, Nakajo-mura, Kamiminochi-gun, Nagano-ken, 381-3204

Postal address :

1772-13, Ooaza Amori, Nagano-city, Nagano-ken, 380-0574

Tel No

026-268-3564 or 026-227-0493, mobile 090-1053-9626

Fax Number

026-268-3564 or 026-227-0493

E-mail

magokoro@avis.ne.jp

Website

www.ryuma.com/shinken/magokoro

How to get there

At Nagano bus terminal which is about 5 minutes walking distance from Nagano JR train station, catch a Kawanakajima bus for Oomachi or Kofu and get off at Nakajo. It will take about 30 minutes.

From Nakajo, catch a Son-ei bus for Oota for 20 minutes and walk for five minutes. We can pick you up at Nagano JR station, if necessary.

People who live or work at the Host Establishment Kiyotaka Kubota, & wife(in their 30 and 40s), his parents, two children (7th grade & 4th grade) and trainees

Type of work done at the Host

Cultivating about 200 kinds of vegetables, rice, wheat, beans, etc. using organic methods. Also making miso, soy sauce, tofu and nato. As much as possible, we use seeds from the plants we grow.

Pets / Livestock

About 60 Chickens

Size of the establishment

3,5 ha

How long can WWOOFers stay?

Up to one year is possible after staying for a week or so as a trial. We can accept up to 5 WWOOFers at the same time. We accept WWOOFers all year round.

Is smoking permitted?

No

Can WWOOFers choose their diet?

Yes

Are children OK?

No

Things WWOOFers must bring

Boots, raincoat

Jobs WWOOFers will be expected to do

General farming work, cooking

Are WWOOFers expected to understand Japanese?

Yes, as a certain degree.

Other conditions

WWOOFers who are interested in organic farming and are sincere people.

From the Host

Peaceful rural mountain village. Clean air and clean water. The paddy field around here is beautiful and has been selected as one of the 100 most beautiful paddy fields in Japan. You can see the beautiful Japan Alps from this place. We have 50 to 100 meters of snow in winter. People may feel the atmosphere of an old Japanese village here. There are no shops around. Our farm is at the bottom of Mushikura mountain and the watermill is the landmark to use to find our farm. Our philosophy is caring for the health of people, vegetables and soil. WWOOFers can enjoy bird watching, walking in the bush, etc. in their free time. We do not have breakfast but a combined breakfast and lunch that we call brunch. We are semi-vegetarians, we do not eat meat but we eat fish, eggs and daily products.

The Host Code 003/0405

Name of the Host Kiso Farm

Name of the person responsible Ikuo Kiso

Type of Host Organic farm

How to contact this Host phone, fax, e-mail, post

Address

Nishichojahara, Kyowa, Mochizuki-cho, Kitasakugun, Nagano-ken, 384-2204

Telephone Number

0267-52-2601,

Mobile

090-9971-9493

Fax Number

0267-52-2648

E-mail

kisoenn@sas.janis.or.jp

Website

How to get there

Get off at Sakuhira station on the JR Nagano bullet train. It will take about 30min. drive from the station to the farm

People who live or work at the Host

Ikuo Kiso and wife (in their 40s), parents, 2 junior high school boys, 1 elementary school boy, part time workers

Type of work done at the Host

Organic farming, green vegetables, corns and rice

Pets / Livestock About 250 chickens

Size of the establishment

Field 4 ha, rice field 20 a

How long can WWOOFers stay?

From April to October. A long stay is preferred.

Is smoking permitted?

Permitted (but not allowed in the house, at work)

Can WWOOFers choose their diet?

No

Are children OK?

No

Things WWOOFers must bring

Jobs WWOOFers will be expected to do

Planting vegetables, harvesting vegetables, managing field, etc.

Are WWOOFers expected to understand

Japanese?

We prefer WWOOFers who can speak a little Japanese or who are eager to learn Japanese.

Other conditions

Working days can be long and you may need physical strength.

From the Host

Nagano prefecture is in the middle of Japan. Our farm is at the east of the prefecture at the bottom of 1000 meter high Tateshima mountain. Almost every place around here is a vegetable farm. We make efforts to make delicious vegetables to give people good health. It is such a nice feeling working in the beautiful air.

The Host Code 030/0405

Name of the Host
Kazuko Hashimoto

Name of the person responsible
Kazuko Hashimoto

Type of Host
House with organic farm

How to contact this Host
e-mail, fax, phone, post

Address
1285 Misayama, Matsumoto-shi, Nagano-ken, 390-0302

Telephone Number
0263-46-2859

Fax Number
0263-46-2859

E-mail
kazukocasa@nifty.com

Website
<http://homepage2.nifty.com/~kazuko>

How to get there
At Matsumoto bus terminal in front of JR Matsumoto station, catch a bus for Ichinose for 50 minutes and get off at Ichinose which is the last stop. Or catch a bus for Kakeyu-onsen for 30 minutes and get off at Misayama.

People who live or work at the Host
Kazuko Hashimoto (in her 50s) and her supporters

Type of work done at the Host
100% organic farming. We do not sell vegetables but we consume them by ourselves and with the help of all the university students who come to work and help us.

Pets / Livestock
4 cats

Size of the establishment
30 a

How long can WWOOFers stay?
5 WWOOFers at the same time can be acceptable.
Long stays are possible when everything goes well.
We only accept WWOOFers from April to November

Is smoking permitted?
Yes

Can WWOOFers choose their diet?
Yes

Are children OK?
Yes

Things WWOOFers must bring
Warm clothes, toothbrush, towel, soap, etc.

Jobs WWOOFers will be expected to do
General farming work (seeding, watering, harvesting, etc)

Are WWOOFers expected to understand Japanese?
Yes. Intermediate or more.

Other conditions
We prefer WWOOFers who do not suffer from allergies and / or asthma. Although I am a handicapped person (cerebral palsy) and I need to ask for help often, I do not want to be a special person as "a handicapped person".

From the Host
Many people visit this homey feeling house and it is surrounded by beautiful nature. People here have an awareness of the environment and other similarly important issues and as a result visitors can learn various new ways of thinking. I will show you some of the wisdom of life and our four cats will show you how to survive. Our toilet is not a flush toilet. I don't like perfume smells. Many university students come to help me and you will have a good time chatting with them, too.

The Host Code 032/0405

Name of the Host
Kashiwazaki no Maki

Name of the person responsible
Toru Nozaka

Type of Host
Organic dairy farm

How to contact this Host
e-mail, fax, phone, post

Address
Hirasawa 267, Minamimaki-mura, Minamisaku-gun,
Nagano-ken, 384-1306

Telephone Number
0551-48-4856

Fax Number
0551-48-2490

E-mail
toru@shonan-flv.co.jp

Website

How to get there
At Kiyosato train station on the JR Koumi line, walk
for 20 minutes or catch a taxi for 3 minutes

People who live or work at the Host
Toru & wife in their 60 and 70s (she spends half of her
time in Tokyo) and a son.

Type of work done at the Host
We put the cows out to pasture in the mountain. We
tend them using organic methods. We buy a little
bran but are trying to be self sufficient.

Pets / Livestock
About 20 cows, a dog

Size of the establishment
About 20 ha

How long can WWOOFers stay?
Longer stay preferred. Longer stay is possible. We
take WWOOFers mainly spring and summer time.
One WWOOFer or two can stay at the same time.

Is smoking permitted?
No

Can WWOOFers choose their diet?
No

Are children OK?

Things WWOOFers must bring

Jobs WWOOFers will be expected to do
Taking care of cows, producing forage, maintaining
pasture, etc.

Are WWOOFers expected to understand Japanese?
Yes, to a certain degree.

Other conditions
WWOOFers who are interested in organic farming.

From the Host
We are on the border of Nagano prefecture and
Yamanashi prefecture which is located in the south
east of Yatsugadake (altitude 2,899 meters). It is
surrounded by famous sightseeing spots such as
Nobeyama in Nagano and Kiyosato in Yamanashi, but
Hirasawa is an old village. The boom era of the
1980s of artificial ski fields and golf courses are over
and now the area is returning to it's natural state. Here
in the Hirasawa area, the main industries are growing
high hill-side vegetables and dairy farming. We have
been grazing cows in open pasture for a long time
while normal dairy farms keep cows in cowsheds. The
official government policy in Japan at last has become
'Pasturage is the key word in the future.
Toru can understand English and a little German.

The Host Code 039/0804

Name of the Host

Mayumi Tomisaka

Name of the person responsible

Mayumi Tomisaka

Type of Host Organic Farm

How to contact this Host

e-mail. Sometimes our computer can be out of order so if you send us an e-mail and do not receive a reply, please use the post.

Address

7642 Ookusa, Nakagawa-mura, Kamiina-gun,
Nagano-ken, 399-3801

Mobile

090-9233-7554

Fax Number

E-mail

mayu@ina.janis.or.jp

Website

www.geocities.co.jp/NatureLand/7458

How to get there

From Shinjuku catch a Chuo Rapid bus for Iida. In about 4 hours get off at Iijima or Komagane. If you will take a train from Shinjuku, you have to change a train at Okaya and get off at Iijima. Or if you are coming from Nagoya area, get off at Inaooshima station. From the station to our farm, it takes about 30 minutes by car and we will pick you up.

People who live or work at the Host

Mayumi (and her husband who is usually in Tokyo)

Type of work done at the Host

We started growing various kinds of vegetables using permaculture in 2003. So far the vegetables are for our use only. In the future we will build a farm-inn offering our organic vegetables.

Pets / Livestock

Japanese bantams, a dog

Size of the establishment

1000 tsubos

How long can WWOOFers stay?

At least 3 nights and to be determined. No work from Dec to March. At the same time two wwoofers can be accepted. We have one room that the two WWOOFers share.

Is smoking permitted?

No

Can WWOOFers choose their diet?

Yes

Are children OK?

Children over 6 years old are fine if it is less than a week.

Things WWOOFers must bring Soap and

toothpaste which will not ruin the environment. If you don't have them, you can use ours.

Jobs WWOOFers will be expected to do General

farming such as weeding, making compost, making flower beds, etc. Mending the house. Pruning trees. Splitting wood. Collecting leaves making compost. Processing herbs.

Are WWOOFers expected to understand Japanese?

They do not need to speak Japanese at all.

Other conditions

WWOOFers who like nature, value environment and are interested in organic farming.

From the Host

This area is in the middle of nowhere and a beautiful mountain range can be seen nearby. Wild animals such as boars, deer, monkeys, palm civets and bats often visit our farm. You can enjoy going to the riverside or hiking in your free time. There is a public hot spring facility near here. I started 100% organic farming in April, 2003 after studying permaculture in Australia. I use normal electricity and gas but water is from mountain. I make bath water using wood as fuel. There is a TV but the reception is not very good and the same goes for the reception for mobile phones. There are no shops that you can go to on foot. If you like real nature, you will have a wonderful experience. Please come and help.

Mayumi speaks English.

The Host Code : 057 / 0105

Name of the Host : Lovely Farm

Name of the person responsible :
Tadashi Matsumoto

The contact person's name :
Tadashi Matsumoto

What languages the contact person speaks:
Japanese and some limited English

Type of Host :
Organic dairy farm and shop

Address : Koyadani 28-6 Heisenji-cho Katsuyama-shi, Fukui-ken, 911-0824

Telephone : 0779-87-0047

Fax number : 0779-87-6147

Mobile number :

Website : <http://www.home.cs.puon.net/lovely>

E-mail: lovely@cs.puon.net

How to contact this Host :
By post only

How to get there :
Catch a JR train on the Hokuriku line to Fukui Station. Then, take a train from Fukui Station on the Echizen Line to Katsuyama Station. From Fukui Station to Katsuyama Station takes about 60 minutes. From Katsuyama Station to our place takes about 15 minutes by car and we will pick you up at the station.

People who live or work at the Host:
Tadashi Matsumoto and his wife Chiharu, their daughter who is a student in middle school, a second son who is not yet at school, and about 10 workers.

Age of the people who work at the Host :
We are in our 40s.

Info on pets or livestock kept :
About 30 cows(Jersey), about 60 chickens, a horse, a goat, a dog, a cat, a rabbit.

Type of work done at the Host :
Running a dairy farm and shop selling dairy products and bread, rice balls, etc.

Size of the Host :
9 hectares and 3 shops

The atmosphere of the area :
Farming area.

The climate :
We are at an altitude of 400 meters. In summer it is cool and in winter we have snowfall of about 1 meter.

Languages spoken at the Host :
Japanese and some English.

Times of the year that the Host accepts
From March to November.

How many WWOOFers may be accepted simultaneously : Three.

For how long may WWOOFers stay :
One month or more. We don't want people for less than one month.

Jobs WWOOFers will be expected to do :
Farm work, taking care of animals, cleaning the pens, helping in our shop, cooking., etc.

Is smoking permitted? : No.

Can WWOOFers choose their diet? : No.

An indication of the normal diet at the Host :
We eat mainly our vegetables, eggs, milk, meat and rice that we grow and produce.

Are children (under 15) OK with a parent or guardian? :
No,

Things WWOOFers should bring with them:
Their own clothing is all.

Are WWOOFers expected to understand Japanese? : Yes.

Where WWOOFers will be accommodated In a separate house for WWOOFers.

Any special conditions at this Host:
Definitely no smoking. We want people who have a drivers license to drive a manual type. We welcome those who have some experience of farming.

A message from the Host:
We have a dairy farm in a mountain area. Besides cows , we have chickens and we grow vegetables and rice. We sell those at our shops. Our Jersey ice cream is famous. There are many young workers here. We welcome people who want to do organic farming.

The Host Code : 059 / 0205

Name of the Host :

NPO Shizen School, Furusato Attakatou

Name of the person responsible :

Takako Uzu (I sometimes use my maiden name, Iwatani)

The contact person's name : Takako Uzu

What languages the contact person speaks:

Japanese and English

Type of Host :

Nature school, organic farm, environmental organization

Address :

Yamamuro 3009, Takatou-machi, Kamiinagun, Nagano-ken, 396-0304

Telephone : 0265-94-5027

Fax number : 0265-94-5028

Mobile number : 090-7801-4658

Website :

E-mail: takafin@wf7.so-net.ne.jp

How to contact this Host : e-mail, fax and post

How to get there :

From Tokyo, at Shinjuku Shin-South Exit catch a JR Minami Alps bus and get off at Kenro-bashi. We will pick you up from there.

From Osaka or Nagoya, catch a Hankyu bus, change buses at Ina city bus terminal for JR Takatou bus station. We will pick you up from there.

People who live or work at the Host:

Takako and her son, Shinki (6), Sayuri (29) In spring, summer and autumn Takako' mother, friends and relatives will stay.

Age of the people who work at the Host :

Takako is in her 40's.

Info on pets or livestock kept : No pets No livestock

Type of work done at the Host :

At weekends, we hold nature school for adults and children. In summer holidays we open a nature village and children come and stay for a long time to experience rural lifestyle.

Size of the Host : 12 rooms in the house.

The atmosphere of the area :

950 meters above sea level. Quiet farming area.

The climate :

Not humid in summer and we have a little snow in winter. We have heaters using wood.

Languages spoken at the Host :

Japanese and English

Times of the year that the Host accepts All year round

How many WWOOFers may be accepted : 2 in winter and during the other seasons 4.

For how long may WWOOFers stay : More than a month. 6 to 12 months is possible.

Jobs WWOOFers will be expected to do : General farming . Growing rice. Maintaining the mountain. Collecting firewood. Gardening. Maintaining the house. Taking care of my son. Making Miso or other organic processed food for our own use. Helping with school work.

Is smoking permitted? : No

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host : We cook vegetables of our farm. We eat mainly brown rice and vegetables but we sometimes buy meat, milk and eggs.

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them: Nothing specially.

Are WWOOFers expected to understand

Japanese? : If WWOOFers can speak English, they do not need to speak Japanese much.

Where WWOOFers will be accommodated : Detached house

Any special conditions at this Host: WWOOFers who like children and are eager to work. Positive people.

A message from the Host:

I was born and brought up in Tokyo. I started Nature school and NPO group of dolphin research. I moved to Nagano to begin a self sufficient life as a result of having a family. I had a home birth at the age of 37. I bought a 100 year old farm house which used be a silk worm farm in 2002 and now am working at Nature school here. I am now preparing to start an alternative school using a disused school. We use firewood from at the mountain at the back and use natural water from the mountain. Elder people near here sometimes come to our farm and teach lots of nice old things. I am a single mother but my son is healthy and cheerful like a monkey and we have lots of visitors. In winter deer and real monkeys visit our garden. Musicians and artists are also living in the area. I am looking forward to meeting you.

The Host Code : 069/0405

Name of the Host: Canadian Farm

Name of the person responsible : Yutaka Hasegawa

The contact person's name : Kumi Ecchuya

What languages the contact person speaks:
English, Spanish, French, Japanese

Type of Host : Restaurant, educational organization,
environmental organization, organic farm

Address : 1077-7, Hara-mura, Suwa-gun, Nagano-
ken, 391-0112, Japan

Telephone number : 0266-74-2741

Fax number : 0266-74-2983

Mobile number :

Website: <http://www.lcv.ne.jp/~haseyan>

E-mail address : haseyan@po25.lcv.ne.jp
Or ecchu93@f5.dion.ne.jp

How to contact this Host : e-mail, phone, fax, post

How to get there : From Tokyo, at Shinjuku station,
catch an express bus on the Suwa-Okaya-sen Line and
get off at Fujimi. It takes about 3 hours. When you
arrive at Futaba Service Area to have a short break for
the bus passengers, please phone us. We will come to
meet WWOOFers at Fujimi bus stop.

People who live or work at the Host: Yutaka
Hasegawa and his son, Staff (over 10 people)

Age of the people who work at the Host: Yutaka is
in his 50's.

Info on pets or livestock kept : 3 dogs, sheep,
chickens, ducks

Type of work done at the Host: Running a
restaurant, running a adventure school, organic
farming, producing bread using our stone oven, hand
craft, building houses, etc.

Size of the establishment : 7,000 tsubo

The atmosphere of the area : Farming area

The climate : In summer not too hot, 20 ~ 24 degrees
and in winter we have snow until early April.

Languages spoken at the Host: Japanese, English,
Spanish, French If you are from other language
areas, we will try to study the language.

**Times of the year that the Host accepts
WWOOFers :** from April to November

**How many WWOOFers will may accepted
simultaneously :** 20 WWOOFers

For how long WWOOFers may stay :

If WWOOFers want to stay for a long period, first stay
one week and let's decide. Then it is possible to stay
here for a year.

Jobs WWOOFers will be expected to do :

At the restaurant, WWOOFers need to work from 5 or
6 am. We have lots of different work and we are
making each program at each time. We want
WWOOFers who can adapt our system.

Is smoking permitted? : Yes

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host: We eat
everything. The food here is always good.

**Are children (under 15) OK with a parent or
guardian? :** It depends on the situation. Contact us
first.

Things WWOOFers should bring with them : Not
specially.

**Are WWOOFers expected to understand
Japanese? :** Not necessary

Where WWOOFers will be accommodated :
WWOOFers' house

Any special conditions at this Host : Minimum stay
is one week.

From the Host:

Canadian farm is like a commune. We have many
visitors who come to eat nice food at our restaurant
and to see our houses and we are always busy even in
a farming village. I, Yutaka but everybody calls me
Haseyan, went around the USA and Canada 20 years
ago and learn self sufficient life and have been trying
to have it. So far we have built 7 houses here and
many young people from all over Japan are coming to
have good life here. The biggest thing that you can
gain here is to see my natural lifestyle and to
communicate other unique people living here.
WWOOFers can go to take Onsen, hot spring near
here, too. Work hard and enjoy hard.

The Host Code : 076/0605

Name of the Host: Doyuno

Name of the person responsible : Hidenobu Hashimoto

The contact person's name : Junko Hashimoto

What languages the contact person speaks:
Japanese and English

Type of Host : Organic farm, environmental activities, various classes for making soba (buckwheat noodles)

Address : 167, Do, Oosawano-machi, Kaminiikawa-gun, Toyama-ken, 939-2236, Japan

Telephone number : 076-468-2178

Fax number : 076-468-2178

Mobile number : 090-6276-2178

Website:

E-mail address : doyuuno@pd.ctt.ne.jp

How to contact this Host : phone, fax, post or

How to get there : If you use an airplane, we will meet you at Toyama airport. If you use a train, go to Toyama JR station and then go to Echuyatsuo station and get off the train. We will pick you up there. 10 mins to our farm. You can also catch a bus from Toyama JR station. That is Chitetsu bus #41. Get off at Oosawano Shogakko-mae.

People who live or work at the Host:

Hidenobu, his wife (Junko), his son (Takuya, university student), his daughter (Megumi, high school student), and a trainee

Age of the people who work at the Host: Hidenobu and Junko are in their 50s.

Info on pets or livestock kept : 1,000 of chickens, 3 goats, 2 rabbits, some Aogamo ducks, a cat, a dog

Type of work done at the Host: Organic farming compounding and sustainable method growing vegetables raising livestock. Making organic bread. Conducting classes on making soba noodles and environmental educational programs. Music concerts. Making pottery.

Size of the establishment : 2.5 ha of rice field, 0.5 ha of vegetable field

The atmosphere of the area : It is in the bush but you can go to the town for 10 min by car.

The climate : In summer, we have just a few hot days. It is usually nice cool summer. In winter we have about 1 meter of snow.

Languages spoken at the Host: Japanese and English

Times of the year that the Host accepts WWOOFers : year around

How many WWOOFers will may accepted simultaneously : two to three

For how long WWOOFers may stay : WWOOFers can stay for just a few days and we welcome long commitment WWOOFers as well after one week trial.

Jobs WWOOFers will be expected to do : Feeding chickens, making food for livestock, collecting eggs and packing, milking goats, weeding, harvesting, cooking, washing dishes, etc.

Is smoking permitted? : Yes (only outside)

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host: We normally eat brown rice, vegetables, eggs and chickens. We aim to be self sufficient in food.

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them : a raincoat, working clothes (top and bottom), a hat, a pair of rubber boots

Are WWOOFers expected to understand Japanese? : Yes, to a certain degree.

Where WWOOFers will be accommodated : In the same house that the host family live or a detached house for WWOOFers for longer period.

Any special conditions at this Host : Not specially but we prefer WWOOFers who can drive manual cars.

From the Host:

Toyama prefecture has ocean, mountains, rivers, it is a nature rich region. "Do" in Oosawano town is a rural place which has lots of beautiful insects and wild animals such as deer, foxes, martens and birds. It is famous as a village where fossils can be seen. We moved here from Tokyo in 1984 and started organic farming. Our main work is raising about 1,000 chickens naturally. We also have goats and have rice fields, vegetable fields, etc. We are emphasizing being self sustainable and want to keep this for future generations.

WWOOFers can go bush walking, mountain climbing and go to Onsen (about 350 to 600 yen) in their free time.

The Host Code : 077/0605

Name of the Host: Ooshika- Furidashi- Juku

Name of the person responsible : Hiroshi Ookura

The contact person's name : Hiroshi Ookura

What languages the contact person speaks:
Japanese, English and Spanish

Type of Host : organic farm

Address : 1371-4, Kashio, Ooshika-mura, Shimoina-gun, Nagano-ken, 399-3501, Japan

Telephone number : 0265-39-2410

Fax number : 0265-39-2410

Mobile number :

Website:

E-mail address : balihai@osk.janis.or.jp

How to contact this Host : e- male, fax and post

How to get there : From Tokyo, catch an express bus for Iida and get off at Matsukawa. From Osaka or Nagoya, catch a bus for Ina and get off at Matsukawa. From Matsukawa bus stop to JR Inaooshima train station, it takes 30 minutes on foot. From JR Inaooshima train station, catch an Ina bus for Ooshika and get off at Kashio bus stop. We will pick you up there. (There are 4 buses a day from Inaooshima station to Kashio)

People who live or work at the Host: Hiroshi, his wife and 2 to 6 trainees

Age of the people who work at the Host: Hiroshi and his wife are in their 50s.

Info on pets or livestock kept : dogs, cats, rabbits, goats and chickens

Type of work done at the Host: 100 % organic farm. Growing about 30 kinds of vegetables, such as carrots, cabbages, Chinese cabbages, broccolis, spinaches, etc.

Size of the establishment : 6,600 tsubo house, 1-cho 1-tan vegetable field

The atmosphere of the area : rural area. Cannot see any other houses.

The climate : We are 1,300 meters above sea level. It is cool in summer. In winter we have about 50 cm snow and minus 15 degrees in the coldest day.

Languages spoken at the Host: Japanese, English and Spanish

Times of the year that the Host accepts WWOOFers : All year around

How many WWOOFers will may accepted simultaneously : About five WWOOFers.

For how long WWOOFers may stay : In the busy season we can accept them for a short period like one or two weeks, but we prefer WWOOFers who can come for a longer period like one to 12 months after a week trial.

Jobs WWOOFers will be expected to do : General farming, cooking, milking goats, making bread, chopping wood, various things

Is smoking permitted? : Yes, but only outside.

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host: We eat everything well.

Are children (under 15) OK with a parent or guardian? : No

Things WWOOFers should bring with them : A flashlight and working clothes

Are WWOOFers expected to understand Japanese? : Yes, to a certain degree.

Where WWOOFers will be accommodated : In a house for trainees.

Any special conditions at this Host : We are a juku,, a small school type of place, for people who are interested in self a sufficient life. We live in the mountain and the life is not the same as in the city. You cannot use mobile phones. Even if you can use it, it is not allowed to use it inside of the house. We have trainees and the conditions for WWOOFers is the same as for them.

From the Host: We live at the foot of Japanese Minami Alps. There are no shops nor houses. We cut trees and built log houses by ourselves. We don't have electricity but solar system 100 V. We have one single room and another house for couple WWOOFers and an octagon house for others. Many people who like traveling come to have a chat. We have visitors who can play African djembe and do Capoeira, etc. We are not strict farmers but are making a self sufficient life comfortably. This place may remind you of an Indian or Nepalese dormitory. In winter, we build log houses. WWOOFers can learn the self sufficient techniques, knowledge of healing, maybe music because we have visitors who play music like djembe. In the village, there are classes of djembe and Capoeira. If you are interested in healing, you can learn Color puncture and Reiki.

Kansai area



Including:

Shiga
Kyoto
Hyogo
Osaka
Nara
Mie
Wakayama

Kansai includes the the area of Osaka, Kobe, Kyoto and Nara. There is a long standing rivalry between the Kansai and Kanto peoples. Kansai has two major airports, Kansai International Airport, and Osaka International Airport. There are services from these airports to all parts of Japan, with flights to and from Tokyo taking 1 hour. By bullet train it is about 3 hours to Tokyo from Osaka, Kyoto is 20 minutes, and Nara approximately 30 minutes.

The Host Code : 041/0804

Name of the Host: Earth Farm

Name of the person responsible : Masaya Omori

The contact person's name : Masaya Omori

What languages the contact person speaks:
Japanese

Type of Host :
Organic farm. Building a self-sufficient & independent farming village

Address :
Aza Shimoto, Asahi, Wadayama-cho, Asago-gun, Hyogo-ken, 669-5238

Telephone number :
0796-75-2959

Fax number :
0796-75-2959

Mobile number :

Website:

E-mail address :

How to contact this Host: phone, fax or post

How to get there :
From Kyoto train station, take a train on the Sanin line for Wadayama. It takes about 2 and a half hours. We will pick you up at Wadayama station. (From Osaka, take a Sanyo line train to Himeji and change there to the Bantan line and take a train for Wadayama)

People who live or work at the Host
Masaya Omori, his 6 children (24, 21, 19, 17 and 13 twins) and trainees

Age of the people who work at the Host
Masaya is in his 60s.

Info on pets or livestock kept :
2 pigs, 2 goats, 120 chickens, 6 rabbits, 5 aigamo ducks, 2 dogs, 3 to 6 cats, etc.

Type of work done at the Host:
Growing rice, vegetables (for self sufficiency), eggs, making bread and making charcoal.
Masaya has written the books Living in a village with 6 children, Good bye big cities, and others. TV reporters have come to make special programs on this host's place.

Size of the establishment :
20 a A main house, a bread house, sheds for livestock, a charcoal shed, a mini-library, etc.

The atmosphere of the area :
A genuine rural environment.

The climate :
Cool and nice in summer and some snow in January and February.

Languages spoken at the Host Japanese

Times of the year that the Host accepts WWOOFers: All year round

How many WWOOFers will may accepted simultaneously : Depends on the situation.

For how long WWOOFers may stay : Up to one year.

Jobs WWOOFers will be expected to do
Things that they want to do. Find your own work. We don't use machines much. We expect some WWOOFers who want to help the charcoal work.

Is smoking permitted? :
We do not smoke but WWOOFers may if they want to.

Can WWOOFers choose their diet? : Yes.

An indication of the normal diet at the Host :
Typical Japanese.

Are children (under 15) OK with a parent or guardian? : Yes.

Things WWOOFers should bring with them :
Working cloths and shoes.

Are WWOOFers expected to understand Japanese? :
Yes, a little.

Where WWOOFers will be accommodated :
In a house we have for the use of trainees and WWOOFers.

Any special conditions at this Host
There is not much to say but if you think a bit hard about tomorrow (asu) and be nice with our children and village people, it'll will be fine.

From the Host:
Our children are sincere and work very hard. You can learn many things about rural life and a self-sufficient lifestyle here. Nepalese trainees often have said This farm looks exactly the same as our village in Nepal

The Host Code 037/0804

Name of the Host

Field Work (Japan).

Name of the person responsible

David Jack and Sachiko Matsunaga

Type of Host

We have over 1000 tsubos of land for organic gardening. Vegetables, flowers and herbs.. We have guest accommodation for 4 people. A reasonable collection of books on natural history in Japanese and English. We have a similar project in Scotland and Hong Kong. Also a charity program in Bangladesh.

How to contact this Host

Address

285-1 Imatani, Sasayama-shi, Hyogo Prefecture, 669-2304

Telephone Number 079-552-1776

Fax Number 079-552-5953

E-mail Address rdjack@gol.com

Website

How to get there

From Osaka - train to Sasayama-guchi JR Stn. About one hour by train. We are 15min. by car from the station.

People who live or work at the Host

David Jack and Sachiko Matsunaga

Type of work done at the Host

We run a garden, record natural history, keep local paths open, conserve endangered species, produce traditional products eg pestles made from Prickly Ash (Sansho), marmalade from yuzu.

Pets / Livestock None

Size of the establishment

1000 tsubos

How long can they stay?

Three months is a good time, but shorter too is acceptable. We don't really need help here from Dec.15th to March 10th. It's cold and not easy to work on the soil.

Is smoking permitted?

No

Can WWOOFers choose their diet?

Yes

Are children OK?

Not really suitable for children.

Things they must bring

Wellington boots

Jobs WWOOFers will be expected to do

General gardening, recording of information about different species, collecting some local hiking info., maintaining bicycles in good condition.

Are WWOOFers expected to understand Japanese?

No. Understanding Japanese is an advantage but more important is an open attitude to a different culture.

Other conditions

We welcome people motivated to learn and study.

People who can work alone and have respect for hands-on work and the countryside. Respect local Japanese customs .Be independent

From the Host

We place importance of hands-on experience of nature for people; to encourage sustainable and economically viable use of land; to study and record the local natural history. One encapsulating slogan is: 'Know your own Patch.' We live on the border of the wild and the tame. One aim is to better understand the conflict between conserve and cultivate. Wild animals enter our garden.

Chugoku area



Including:

Tottori
Shimane
Yamaguchi
Okayama
Hiroshima

The Chugoku Area is the western part of Honshu, the main island. It is connected by bridges with both Shikoku to the south and Kyushu to the west. It is divided by the Chugoku Mountains, which run east west, into the San in region facing the Sea of Japan and the San-yo region facing the Inland Sea. Towns famous for pottery can be found here.

The Host Code 004/0405

Name of the Host
Sakamoto Farm

Name of the person responsible
Shigeo Sakamoto

Type of Host Organic Farm

How to contact this Host
Fax or post, Send your brief c.v. and write down the reasons you are WWOOFing.

Address
Shinra 1015, Takasaka-cho, Mihara-city, Hiroshima-ken, 729-0472

Telephone Number 0848-66-3592

Fax Number 0848-66-3592

E-mail yasaiwa-sakamoto@meth.biglobe.ne.jp
We read our e-mail only once a week so please use fax or post when you contact us.

Website

How to get there
Get off at Hongo station on the Sanyo main line. It will take about 5 minutes by car, 40 minutes on foot. If you tell us your arrival time beforehand, we can pick you up.

People who live or work at the Host
Shigeo Sakamoto & wife (in their 50s), a daughter (high school student), a son (junior high school student), 1 or 2 trainee(s)

Type of work done at the Host
Organic farming ~ rice, vegetables and eggs

Pets / Livestock
1 dog (Lucky) / 500 chickens, 40 ducks

Size of the establishment Rice field 1.8 ha, vegetable field 0.6 ha, fruit tree field 0.2 ha

How long can WWOOFers stay?
At shortest 3 days after that to be determined. All year round. Two WWOOFers can be accepted at the same time.

Is smoking permitted? No

Can WWOOFers choose their diet? Yes

Are children OK? Yes

Things WWOOFers must bring Work clothes

Jobs WWOOFers will be expected to do

Are WWOOFers expected to understand Japanese?
Elementary

Other conditions

Only WWOOFers who are interested in Organic farming.

From the Host Establishment

We have lots of visitors to see our organic farming. We cleared mountain land for farming land and we are using permaculture in our vegetable field and with our livestock. We are only one hour by train from Hiroshima and WWOOFers can enjoy going sightseeing in and around Hiroshima when they have free time. There is a lot of work to do here and we welcome WWOOFers who want to enjoy living with us and work hard with us. Other notes: Shigeo understands English

The Host Code : 066/0305

Name of the Host : Taniguchi Farm

Name of the person responsible :
Hiroshi Taniguchi

The contact person's name :
Hiroshi Taniguchi

What languages the contact person speaks:
Japanese, English

Type of Host :
farm; We are in the process of changing our farm to an organic method.

Address :
26-1, Okunogo, Okayama-shi, Okayama-ken, 704-8132

Telephone : 086-946-8687

Fax number :

Mobile number :

Website :

E-mail: rr6h-tngc@asahi-net.or.jp

How to contact this Host : E-mail

How to get there :
Get off at Saidaiji train station on the JR Akaho-sen Line. We will pick up WWOOFers there.

People who live or work at the Host:
Hiroshi Taniguchi and a few part time workers

Age of the people who work at the Host :
Hiroshi is in his 50's.

Info on pets or livestock kept :

Type of work done at the Host :
Growing strawberries, rice, wheat, flowers, etc.

Size of the Host :
2 ha

The atmosphere of the area :
It is a mixed area of farms and suburban houses.

The climate :
In summer over 30 degrees and in winter we usually don't have snow but sunny days.

Languages spoken at the Host :
Japanese and English

Times of the year that the Host accepts : All year round

How many WWOOFers may be accepted simultaneously :
One

For how long may WWOOFers stay :
First staying for a week as a trial and after that about 6 months is possible.

Jobs WWOOFers will be expected to do :
Picking up berries, putting them into the cases, etc.

Is smoking permitted? : No

Can WWOOFers choose their diet? : No

An indication of the normal diet at the Host :

Are children (under 15) OK with a parent or guardian? : No

Things WWOOFers should bring with them:
Working clothes

Are WWOOFers expected to understand Japanese? : No, they don't need to speak much Japanese.

Where WWOOFers will be accommodated :
In the same house that the host family live.

Any special conditions at this Host:

A message from the Host:
We are all friendly people. WWOOFers can drive when they have free time.

Shikoku area



Including:

Ehime

Kagawa

Tokushima

Kouchi

Shikoku is the smallest of Japan's four main islands and is said to have the least foreign visitors. It has a reputation for festivals, beautiful coastline and the best noodles in Japan. From Tokyo by air, it takes about 90 minutes to reach the cities in the area. There are also many ferry routes from Shikoku and Honshu and Kyushu.

The Host Code :044/0904

Name of the Host:
Chirorin Farm

Name of the person responsible :
Noritaka Nishikawa

The contact person's name :
Noritaka Nishikawa

What languages the contact person speaks:
Japanese & English

Type of Host : Organic Farm

Address :
Kurumi Otsu 131, Tanbara-cho, Shuso-gun, Ehime-ken, Shikoku, 791-0531

Telephone number : 0898-75-3805

Fax number :

Mobile number : 090-4787-3924

Website:

E-mail address : chirorinfarm@hotmail.com

How to contact this Host :
Phone or post

How to get there :
Come to JR Nyugawa train station or Touyo port by Orange ferry. We will come to pick you up at JR Nyugawa station or Touyo port.

People who live or work at the Host:
Noritaka Nishikawa, his wife and their second son (20)

Age of the people who work at the Host: They are in their 40 and 50s.

Info on pets or livestock kept :
Chickens, dogs, cats, etc.

Type of work done at the Host:
Raising chickens (250 to 300), growing 100 kinds of vegetables, herbs, kiwi fruit, Japanese apricots, etc. Teaching about growing herbs to local people. Being a local radio personality.

Size of the establishment :
30 a vegetable field, 30 a orchards

The atmosphere of the area :
Our nearest neighbor is about 300 to 400 meters away. Our place is not an entirely rural place.

The climate :
Moderate climate. We do not have many typhoons pass through our area.

Languages spoken at the Host:

Japanese and English

Times of the year that the Host accepts WWOOFers :
All year around

How many WWOOFers will may accepted simultaneously :
1

For how long WWOOFers may stay :
1~ 3 weeks

Jobs WWOOFers will be expected to do :
General farming

Is smoking permitted? : No.

Can WWOOFers choose their diet? : Yes.

An indication of the normal diet at the Host:
We eat mainly vegetables and fish. We do not eat meat much. We have a big breakfast.

Are children (under 15) OK with a parent or guardian? : No.

Things WWOOFers should bring with them :
General things.

Are WWOOFers expected to understand Japanese? :
No. The hosts do not speak much English.

Where WWOOFers will be accommodated :
Probably at a small house that we usually use as a meeting room.

Any special conditions at this Host

From the Host:
As our children have grown up (21 and 20), we do not need to worry much about financial issues. We are now working and enjoying ourselves, trying various things. Becoming a full time farmer might be a tough thing but I suggest living in a village is the ideal lifestyle. I think a person who lives and works in a farming environment is the strongest person in this world.

The Host Code 009/0405

Name of the Host
Muchachaen

Name of the person responsible
Motoosa Katayama

The contact person's name : Ayumi Yamada

What languages the contact person speaks:
Japanese and a little English

Type of Host 80 Organic Farms

How to contact this Host
Fax, phone, e-mail, post

Address
3-256, Karihama, Akehama-cho, Seiyo-shi, Ehime-ken, Shikoku 797-0113

Tel No
0894-65-1417 (office 9:00 – 17:00), 0894-65-0233 (after business hour)

Fax Number
0894-65-1638

E-mail
zenichi@muchachaen.com

Website
www.muchachaen.com

How to get there
At JR Uwajima train station, catch a bus for 'Yoshida-Tanohama' or 'Karihama'. It will take about one hour and costs about 1,000 yen to the bus stop called 'Karihama'. After getting of the bus, walk ahead for 20 seconds and turn to the right. There is a street along a river. Walk for about 5 minutes and you will see a big temple. At the back of the temple, there is a three storey Muchachaen kenshu center for WWOOFers and trainees use.

People who live or work at the Host
About 80 families, about 10 trainees

Type of work done at the Host
Organic farming on a large scale, citrus fruits, vegetables

Pets / Livestock
Various. Depends on the families.

Size of the establishment
106 ha plus 19 ha

The atmosphere of the area :
The village is between the calm ocean and the mikan (citrus fruits) mountain. Even it is a country area, people are open to strangers. In the village, there is only one traffic signal and no convenience stores.

The climate : Warm in winter. Snow falls just a few times.

Languages spoken at the Host: a little English, Japanese

Times of the year that the Host accepts WWOOFers : All year around.

How many WWOOFers will may accepted simultaneously : It depends on the situation.

For how long WWOOFers may stay : Minimum 2 nights. Longer period is possible.

Jobs WWOOFers will be expected to do :
Work related to citrus fruits, general farming, packing, etc. We usually work from 8 am to 5 pm and in summer we work longer. We sometimes drive 2 hours to get to our other vegetable field. We have one day off a week. We ask WWOOFers to work the same way we do.

Is smoking permitted?
Yes, in smoking areas

Can WWOOFers choose their diet?
Yes (but you must cook.)

An indication of the normal diet at the Host: Mixed diet.

Are children OK?
Negotiable

Things WWOOFers must bring
Work clothes, working shoes/boots

Are WWOOFers expected to understand Japanese? No, they don't need to speak much Japanese. We don't speak English well, though.

Where WWOOFers will be accommodated :
Muchachaen kenshu center which is for trainees' and WWOOFers' house. The dormitory type rooms divided by males and females.

Other conditions
WWOOFers should be cooperative, don't give trouble to the others and understand our work conditions written in the above.

From the Host
In front of our village there is a calm ocean and at the back of our village there is a mountain where we grow mandarins. Here is a rural place and no convenient stores. Village people are friendly and interested in ecological matters. WWOOFers can swim in summer and if they are lucky, they can join some interesting events here. Our life is simple. In spite of living in a small village, we do not have prejudice. We are open, cooperative and like interested things. We welcome people coming!

Kyushu area



Including:

Fukuoka
Saga
Nagasaki
Oita
Kumamoto
Miyazaki
Kagoshima
Okinawa

Kyushu is the third largest and most southern of Japan's four main islands. There are a number of active volcanoes on the island and many hot springs. By plane it takes about 1 hour 40 minutes to the major cities from Tokyo and 1 hour from Osaka. The trip from Tokyo to Fukuoka by bullet train takes about 6 hours. There is a tunnel and bridge connecting Kita Kyushu with Shimonoseki on Honshu.

The Host Code 033/0405

Name of the Host

Kissa Kazenooka (Tearoom Kazenooka)

Name of the person responsible

Michiyo Miyoshi

Type of Host

Tearoom in a village

How to contact

Phone or fax

Address

Miyama 2591-1, Higashiichiki-cho, Hioki-gun,
Kagoshima-ken, Kyushu, 899-2431

Telephone Number

099-274-9516

Fax Number

099-274-9516

E-mail

kaze_cafe@ybb.ne.jp

Website

How to get there

From Ijuin train station on the JR Kagoshima main line, catch a bus for Kushikino for 10 minutes and get off at Yuai-gakuen-mae. Walk for 5 minutes. We may pick you up at Ijuin train station.

People who live or work at the Host

Michiyo Miyoshi and her husband Etsuro (in their 40~50s)

Type of work done at the Host

We run a tearoom in the hills in a small village. In the near future we will grow some vegetables in the field next to the tearoom/our home and serve some dishes using those vegetables. Also we will make a kiln for making bread.

Pets / Livestock

A goat & two dogs

Size of the establishment

2-tan

How long can they stay?

If both sides agree, WWOOFers can stay one year. One WWOOFer can be accepted at the same time. We accept WWOOFers all year round.

Is smoking permitted?

Yes

Can they choose their diet?

No

Are children OK?

Yes (If you don't mind the size of the room. It is small for two)

Things WWOOFers must bring

Healthy body and a curiosity to learn.

Jobs WWOOFers will be expected to do

Helping with the tearoom work. Farming work & making a kiln to make bread. Maintain the garden. Taking care of the goat and dogs. Making a bath using wood. Preparing food.

Are WWOOFers expected to understand Japanese?

If you have an eagerness to study Japanese, you do not need to speak Japanese much at the outset.

Other conditions

WWOOFers who like dogs. Meal time is not a fixed time because of the tearoom work.

From the Host

We live in a small village called Miyama and it takes 40 minutes by car from Kagoshima city in Kyushu and only 20 minutes by train. This Miyama area is famous for its pottery. There are hot springs and the famous beach called Fukiagehama for surfers near here. Our tearoom is in the hills and it is surrounded by beautiful nature. You can see Sakurajima (Sakura island) when it is a fine day. WWOOFers can enjoy watching sun rise, moon rise and the stars. Rainbows sometimes appear and are very beautiful. At our tearoom, people can sit outside, can play with our goat and dogs and enjoy sleeping in the hammock. It is really an at home feeling here.

The Host Code 025/0205

Name of the Host

Hillside Farm Kuu Kuu

Name of the person responsible

Yoshitaka Yamagami

Type of Host

Organic farm

How to contact this Host

E-mail, post, phone or fax (First phone us and send a fax.)

Address

65 Okuurago, Yukinoura, Ooseto-cho, Nishisonogun, Nagasaki-ken, 857-2324

Telephone Number

0959-23-3372 (Please don't call/fax after 10:00 pm)

Fax Number

0959-23-3372 Phone us to tell us you are sending a fax please)

E-mail

kuu@beige.plala.or.jp

Website

How to get there

Kujirasesanbashi is 15 minutes away from the back of JR Sasebo station. Catch a boat (Saikaiengan Shosen) and get off at Seto or if it does not go to Seto, you have to change boats (Choeisen) at Matsushima. Three boats a day come our way. The ride takes about one hour.

Or,

At Nagasaki Shinchi bus terminal, take a bus for Seto Itanoura and get off at Yukinoura. There are not many direct buses. Usually you have to change buses at Sakuranosato. The bus runs every one hour in the day time. The trip takes about 90 minutes.

People who live or work at the Host

Yoshitaka Yamagami & Ikuko (in their 30s) and their son (4 years old)

Type of work done at the Host

Rice & various vegetables ~100% organic growing

Pets / Livestock

None

Size of the establishment

0,5 ha

How long can WWOOFers stay?

SORRY! We are not accepting WWOOFers right now. Please contact after June. Normally WWOOFers can stay here for 6 days.

Is smoking permitted?

Yes but outside.

Can WWOOFers choose their diet?

No. We mainly eat vegetables but sometimes eat eggs, meat, fish and dairy products.

Are children OK?

Yes from 6 years of age.

Things WWOOFers must bring

Working shirts and socks (We have working pants & boots.)

Jobs WWOOFers will be expected to do

General farming work and self-sufficient work

Are WWOOFers expected to understand Japanese?

Not necessary at all

Yoshitaka speaks English and Swahili.

Other conditions

When you contact us, please send to us a brief self introduction and the reason why you have chosen our place.

From the Host

Our aim is to have a self sufficient life and food is our foundation. Our work involved supporting undeveloped countries and we changed our career. We are now building our dream. In 2000 we started to rent a 50 year old farm house and reformed the house and maintain the area. It is still hard to run the farm but it is becoming a beautiful farm through trial and error and rice and vegetables are growing well. We want to share this precious experience with WWOOFers. Why don't you work here and have nice conversations with us.

The area is surrounded by the beautiful calm sea and natural forest. Our farm is in the mountain and one kilometer from a small village.

The Host Code 008/0405

Name of the Host

Ujamaa Farm

Name of the person responsible

Yuhei Morioka

Type of Host

Organic Farm

How to contact this Host

Fax, e-mail, post

Address

Chita 936, Ogata-cho, Ono-gun, Oita-ken, Kyushu,
879-6614

Telephone Number

0974-42-3501

Fax Number

0974-42-3501

E-mail

ujamaa@d8.dion.ne.jp

Website

How to get there

Get off at Ogata station on the JR Hohi line and walk
for 15 minutes.

People who live or work at the Host

Yuhei Morioka(in his 40s), wife(in her 30s), 2 boys (6
and 3), 1 girl(1)

Type of work done at the Host

Organic farming ~ paddy rice, vegetables, citrus trees

Pets / Livestock

A dog, 2 rabbits 40 chickens

Size of the establishment

Paddy rice field 15-tan, vegetable field 10-tan

How long can WWOOFers stay?

About one week. All year round.

Is smoking permitted?

No

Can WWOOFers choose their diet?

Yes

Are children OK?

Yes

Things WWOOFers must bring

If more than one person, you need to bring sleeping
bags.

Jobs WWOOFers will be expected to do

Are WWOOFers expected to understand

Japanese?

No

From the Host

We moved from Shizuoka prefecture to Oita
prefecture six years ago. Every year we expand our
land and farm products; rice, wheat, soy beans,
vegetables, etc. We aim to have a self-sufficient farm.
We now keep 40 chickens and we want to have more
livestock. In the near future we want to be self-
sufficient in feed for our livestock. And in manure, in
bio gas, in digging wells and energy.

The Host Code 021/1104

Name of the Host Ueda Farm

Name of the person responsible
Kiyoshi Ueda

Type of Host
Organic farm

How to contact this Host
Phone, fax, e-mail, post

Address
Ooaza Baba 120-3, Ogata-cho, Ono-gun, Oita-ken,
Kyusyu, 879-6601

Tel No
0974-42-2245,

Mobile
090-8399-4277

Fax Number
0974-42-2245

E-mail
kkkntu@ybb.ne.jp

Website
www2.odn.ne.jp/~cfx34870/sunsunnouen.html

How to get there
At JR Ogata station of Hohi line, 5 minutes walking
distance. Our farm is next to Otsuka dentist.

People who live or work at the Host
Kiyoshi&wife(in their 30s), 2 daughters (elementary
school students), 1 boy (1) and mother

Type of work done at the Host
Growing flowers (sweet peas), green peppers, rice and
other vegetables.

Pets / Livestock
A dog (7, male)

Size of the establishment
Sweet pea 50 a, Green pepper 3 a, Rice 50 a,
Vegetables 15

How long can they stay?
First 1 to 2 weeks and after discussing WWOOFers
can stay for a long period. All year round

Is smoking permitted?
No

Can WWOOFers choose their diet?
No

Are children OK?
No

Things WWOOFers must bring
Working clothes, shoes / boots and a hat

Jobs WWOOFers will be expected to do
Supporting Wife's work

Are WWOOFers expected to understand Japanese?
A minimal survival Japanese

Other conditions
WWOOFers who like children and dogs are preferred.
If possible, WWOOFers who can drive. The room
WWOOFers will stay is a 6-jo tatami room. It is for
one person's use but if they are fine, we can accept 2
WWOOFers at the same time.

From the Host
Ogata town is famous for its beautiful rice fields. Our
farm is in the centre of the town so it doesn't look like
a real country farm. I quit working as a salary person
and started running a farm so I can meet and listen to
people who are thinking about running a farm and can
give some advise. We welcome kind people to
WWOOF here. You can see our farm details in our
website.
In five ~ten years time we will have blueberry section
as a town nearby is requesting this of us.

The Host Code :047/1004

Name of the Host: Toshimitsu Ito

Name of the person responsible : Toshimitsu Ito

The contact person's name : Toshimitsu Ito

What languages the contact person speaks:
Japanese

Type of Host: Organic farm

Address:
Ooaza Nakabaru 654, Oono-machi, Oono-gun, Oita-ken, Kyushu, 879-6421

Telephone number :
0974-34-3978

Fax number :
0974-34-3978

Mobile number :
090-4581-4503

Website: :

E-mail address : t-i-snam@oct-net.ne.jp

How to contact this Host:
Fax, post or phone

How to get there :
From Oita train station catch a train for Mie station. It will take one hour. Then catch a bus for Tanaka for 25 minutes.

People who live or work at the Host:
Toshimitsu and his wife, Sayuri, their daughters (3,5,10), Toshimitsu's mother, Kesako

Age of the people who work at the Host:
Toshimitsu and Sayuri are in their 30 and 40s.

Info on pets or livestock kept :
Cats

Type of work done at the Host:
We produce tobacco plants, rice, sweet peas, etc.

Size of the establishment :
2,000 m2

The atmosphere of the area :
Farming village area

The climate :
Moderate in winter

Languages spoken at the Host:
Japanese

Times of the year that the Host accepts WWOOFers :
All year around

How many WWOOFers will may accepted simultaneously : Two

For how long WWOOFers may stay :
1 to 2 weeks.

Jobs WWOOFers will be expected to do :
Taking extra buds out of tobacco plants, sweet peas.
Taking care of children, etc.

Is smoking permitted? : Yes

Can WWOOFers choose their diet? : No

An indication of the normal diet at the Host :
General

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them :
Working clothes.

Are WWOOFers expected to understand Japanese? :
Yes, to a certain degree.

Where WWOOFers will be accommodated :
In a room of the main house or a detached house.

Any special conditions at this Host:

From the Host :
We are 6 people in our family. My wife, Sayuri is a nurse. We use organic and biological ways to make good soil. WWOOFers can learn Japanese traditional lifestyle living with us. We have beautiful nature here and you will have a real good time.

The Host Code : 049/1104

Name of the Host : Terakoya TAO juku

Name of the person responsible :
Takeshi Hatano

The contact person's name :
Takeshi Hatano

What languages the contact person speaks:
Japanese, English

Type of Host :
Organic farm, Educational center, Environmental activities

Address :
Miyahara 908-4, Oguni-machi, Aso-gun, Kumamoto-ken, Kyushu

Tel # : bh~0967-46-3913 ah~0967-46-5898

Fax : bh 0967-46-3913, ah 0967-46-5898

Mobile number : 090-1978-0516

Website : www.ecotango.co.jp/~tao

E-mail : wildoats@bronze.ocn.ne.jp

How to contact this Host :
e-mail, fax, post

How to get there :
From Kumamoto airport, catch a bus for Tsuetate Onsen and for an hour get off at Oguni-sanko bus stop. Our place is just there.
From Hakata station, catch a bus for 2 and half hours via Tsuetate-onsen and get off at Oguni-sanko bus stop.
From JR Aso station of Houhi line, catch a bus for 40 min. and get off at Oguni-sanko bus stop.
From JR Hita station of Hitahikosan Line, catch a bus for 60 min. and get off at Oguni-sanko bus stop.

People who live or work at the Host : Takeshi, his wife (Emi), his mother (Miyoko), children (5 and 2)

Age of the people who work at the Host :
Takeshi and Emi are in their 40s.

Info on pets or livestock kept :
no pet

Type of work done at the Host :
Private school, mathematics, English, piano, Japanese calligraphy, eco cooking, international communication, etc. Studio, making baskets, making music CD, FM community radio program, organic productions Farm, 100% organic farming

Size of the Host :
School~ 40 tsubo, Studio~ 20 tsubo, Farm~ 7 tan

The atmosphere of the area :
Mixed area of farmers and town people

The climate :
Even though we are in the southern island, it is cool here in summer. In winter a little cold but there are many Onsens (hot springs near here).

Languages spoken : Japanese, English

Times of the year that the Host accepts WWOOFers: All year around.

How many WWOOFers may be accepted simultaneously : Two

For how long may WWOOFers stay :
Longer stay is possible after one week trial.

Jobs WWOOFers will be expected to do :
Computer work, general farming, baby sitter work, school instructor work, making Japanese cookies, etc.

Is smoking permitted? : No

Can WWOOFers choose their diet? : Yes

The normal diet at the Host :
We eat eggs and fish but not meat.

Are children (under 15) OK with a parent or guardian? :
Yes

Are WWOOFers expected to understand Japanese? :
Not necessary much.

Where WWOOFers will be accommodated :
In a house for visitors.

Any special conditions at this Host : No.

A message from the Host :
Come and join us. WWOOFers can enjoy country life in Oguni, Aso, Kyushu while working with us. We have a good conditioned house for WWOOFers to stay. Famous Onsen places (hot spring) near here. Some of them are free of charge. WWOOFers can attend our lectures for free. We can provide information and technique of self healing. Also we provide mountain bikes to go around this nice town.

The Host Code : 051/1104

Name of the Host : Gaia Minamata

Name of the person responsible :
Atsuko Takakura

The contact person's name :
Atsuko Takakura

What languages the contact person speaks:
Japanese

Type of Host :
Environmental organization

Address :
1-39, Aza Jimbara, Fukuro, Minamata-shi,
Kumamoto-ken, Kyushu, 867-0034

Telephone number : 0966-62-0810

Fax number : 0966-62-0814

Mobile number : not applicable

Website : www.h5.dion.ne.jp/~kibaru

E-mail : gaiaminamata@hotmail.com

How to contact this Host : Fax, post

How to get there : Get off at JR Minamata station (Express trains stop here). Takes about 7 min. by bus/taxi and 40 min. on foot. If you call from the station, we will come to pick you up.

People who live or work at the Host :
6 staff and seasonal helpers.

Age of the people who work at the Host :
Atsuko is in her 40s.

Info on pets or livestock kept : A dog

Type of work done at the Host :
Growing citrus fruits organically /semi organically and producing marmalade, etc. Also we publish books about diseases caused by mercury poisoning. We have organic vegetable gardens and a rice field for our use.

Size of the Host :
A house and 3,000 square meters vegetable field.

The atmosphere of the area :
Half farms and half suburbs

The climate :
In summer it goes up to 36 degrees and it is warm in winter.

Languages spoken at the Host :
Japanese

Times of the year that the Host accepts WWOOFers:

February ~ May

How many WWOOFers may be accepted simultaneously :
2

For how long may WWOOFers stay :
As long as possible.

Jobs WWOOFers will be expected to do :
Picking, carrying, checking, packing citrus fruits and producing marmalade, etc.

Is smoking permitted? : Yes

Can WWOOFers choose their diet? : No

The normal diet at the Host :
We prefer fish to meat. We eat rice and vegetables which we grow. (We buy some only when we have deficiencies.)

Are children (under 15) OK with a parent or guardian? : No

Things WWOOFers should bring with them :
Working clothes and shoes, a hat, a raincoat

Are WWOOFers expected to understand Japanese? : Yes.

Where WWOOFers will be accommodated : At a corner room near the office.

Any special conditions at this Host :
Only male WWOOFers who are cooperative and healthy. Drivers license is the must.

A message from the Host :
We at Gaia Minamata started on January 1st, 1990. Gaia is the name of the Goddess of the earth from Greek myths. We are from various places from all over Japan with different motives. As supporters of people with mercury poisoning diseases, we help their farms and fishing grounds. The reason we started of growing citrus fruits was that we wanted the those ill people to become happy. We have made some mistakes and have proceeded forward by trial and error. WWOOFers can meet nice, sincere people here. When problems occur, we always talk each other. Don't worry but just contact us and work together.

The Host Code : 052/1104

Name of the Host :
Nichinan Ikoi no Ie Holos

Name of the person responsible :
Atsuko Shimizu

The contact person's name : Atsuko Shimizu

What languages the contact person speaks:
Japanese, a little English

Type of Host :
Kikou excise (holistic medicine) health center (inn)

Address :
Kusubaru 1674, Nichinan-shi, Miyazaki-ken, Kyushu,
889-2514

Telephone number : 0987-21-2050

Fax number : 0987-21-2050

E-mail : atsuko.s@btvm.ne.jp

How to contact this Host : Please contact WWOOF Japan office first; info@wwooofjapan.com
After we get messages through WWOOF Japan, we will reply to the WWOOFers.

How to get there :
At Miyazaki airport, catch a bus for Nichinan Aburatsu and get off at Aburatsu or catch a bus for Obi and get off at Obi. If you use the train, change trains at JR Minami Miyazaki station to the Nichinan Line and get off at Obi station. I will pick you up there.

People who live or work at the Host :
Atsuko only.

Age of the people who work at the Host :
She is in her 60s.

Info on pets or livestock kept : Goats, chickens

Type of work done at the Host :
It is an inn but I teach and have classes of Kikou which is a Chinese holistic medicine/excise and examine people coming all over Japan. I also have an organic vegetable garden.

Size of the Host :
Vegetable garden, a farm house, warehouse

The atmosphere of the area :
Farmers village

The climate :
In summer about 32 degrees and in winter we have no snow.

Languages spoken at the Host :
Japanese and a little English.

Times of the year that the Host accepts WWOOFers:
All year round

How many WWOOFers may be accepted simultaneously :
One

For how long may WWOOFers stay :
After one week trial, WWOOFers can stay for a long period.

Jobs WWOOFers will be expected to do :
General organic farming work, taking care of goats, chickens, maintaining hedges, cooking if possible, etc.

Is smoking permitted? :
Yes but outside.

Can WWOOFers choose their diet? :
Yes

The normal diet at the Host :
Basically I eat and provide brown rice and vegetables but sometimes eat eggs and fish, too.

Are children (under 15) OK with a parent or guardian? :
Depends on the situation. When I have a seriously ill patient staying with me, I ask WWOOFers not to bring little children with them.

Things WWOOFers should bring with them :
I have sheets but please bring a pillow case and a bath towel and pajamas.

Are WWOOFers expected to understand Japanese? :
You don't need much.

Where WWOOFers will be accommodated :
In the same house in which I live.

Any special conditions at this Host : No.

A message from the Host :
Lots of interesting and unique people are moving to this area, Miyazaki-ken, southern Kyushu. WWOOFers can meet wonderful people, artists and learn organic farming and healing. WWOOFers can receive free Kikou lesson every morning for an hour. I supervise a group which has 300 readers and 30 members. I want to study English so English speakers are most welcome.

The Host Code : 050/1104

Name of the Host : Hana Station

Name of the person responsible :
Kiyoko Narita

The contact person's name :
Kiyoko Narita

What languages the contact person speaks:
Japanese, English

Type of Host : A bed and breakfast lodge, organic farm, cooking classes, etc.

Address :
12-36, Tani 1-chome, Chuo-ku, Fukuoka-shi,
Fukuoka-ken, Kyushu, 810-0031

Telephone : 092-712-1228

Fax number : 092712-1229

Mobile number : 090-3733-2598

Website : not applicable

E-mail: narita-s@cello.ocn.ne.jp

How to contact this Host : E-mail, fax, phone, post

How to get there :
From Fukuoka airport, catch a subway for Tenjin and take a bus for Ropponmatsu. It all takes 30 min. Or if you are at Hakata station catch a bus for Ropponmatsu. It takes about 15 minutes.

People who live or work at the Host:
Kiyoko, her mother and assistants

Age of the people who work at the Host :
Kiyoko is in her 60s.

Info on pets or livestock kept :
A dog

Type of work done at the Host :
Running a bed and breakfast lodge and place of learning; ie. cooking classes, organic farming, and other (see below). Kiyoko is an architect.

Size of the Host :
1,600 m2

The atmosphere of the area :
Half farm and half general houses

The climate :
In summer over 30 degrees but cool at night, in winter moderate climate.

Languages spoken at the Host :
Japanese, English

Times of the year that the Host accepts :
All year round

How many WWOOFers may be accepted simultaneously :
One or two.

For how long may WWOOFers stay : Longer is better. More than one month is better.

Jobs WWOOFers will be expected to do :
Building an English vegetable garden and its maintenance. We are planning to start an organic restaurant and we need WWOOFers and their ideas, too. General organic farming work using Bio Mentor.

Is smoking permitted? : We prefer Non smokers

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host : info not available

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them: info not available

Are WWOOFers expected to understand Japanese? : No need to speak much.

Where WWOOFers will be accommodated :
dThere are two places that WWOOFers will stay. One is in a B & B and the other is on the farm. They are 30 kilometer apart.

Any special conditions at this Host:
Not applicable

A message from the Host:
We have met lots of people and we love to have better and longer relationships with people who have similar aims, and to work together.
We now have and are planning expand an herb garden, an organic vegetable garden, a B & B, an organic restaurant, a woodwork class, a fork art class, various cooking classes, etc.
You will meet various kinds of people here because we run a bed and breakfast lodge and classes. There might be a possibility to learn how to start your own business. Let's work together.

The Host Code : 054/1204

Name of the Host : Ajisai Shizen-mura

Name of the person responsible :
Mitsuo Hayashi & Yumiko Hayashi

The contact person's name :
Yumiko Hayashi

What languages the contact person speaks:
Japanese, English

Type of Host : organic farm

Address :
328-1, Okugawa-uchimen, Emukae-cho,
Kitamatsuura-gun, Nagasaki-ken, Kyushu, 859-6121
Telephone : 0956-66-8833
Fax number : 0956-66-8833
Mobile number : 090-1973-0789
Website : <http://www.try-net.or.jp/~kokuwa/>
E-mail: kokuwa@try-net.or.jp
How to contact this Host : E-mail, fax, phone, post

How to get there :
From Fukuoka station take a train for Sasebo on the
Nagasaki-hon-sen line and change a train for
Senryugataki station on the MR Matsuura line. (You
can catch a rapid bus from Fukuoka to Sasebo.)

People who live or work at the Host:
Mitsuo and Yumiko and adult children who live in
different towns.

Age of the people who work at the Host :
Mitsuo and Yumiko are in their 50s.

Info on pets or livestock kept :
2 dogs, 5 cats, 3 pigs, 150 chickens

Type of work done at the Host :
Growing 70 kinds of vegetables including rice, flour,
soy beans, buckwheat and ancient rice. Also making
Japanese healthy 100% natural processed food such as
miso, soy sauce, umeboshi, pickles, kiriboshidaikon,
etc.

Size of the Host :
3ha forest, 2 ha vegetable field, a chicken shed, a
warehouse, a compost house

The atmosphere of the area :
In a rural area.

The climate :
We are situated nearby a small mountain and it is
cooler in summer and we have a few snowy days in
winter.

Languages spoken at the Host : Japanese, English

Times of the year that the Host accepts :
All year round.

**How many WWOOFers may be accepted
simultaneously :** Two or three.

For how long may WWOOFers stay : After a one
week trial, 6 months is possible.

Jobs WWOOFers will be expected to do :
General farming work, building a house, taking care of
animals, kitchen work, cleaning, etc.

Is smoking permitted? : No

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host : We
are semi-vegetarians; we hardly eat meat but
sometimes have eggs and fish.

**Are children (under 15) OK with a parent or
guardian? :** Yes

Things WWOOFers should bring with them:
Working clothes, a raincoat, boots, a hat, working
gloves, etc.

**Are WWOOFers expected to understand
Japanese? :** No need to speak much.

Where WWOOFers will be accommodated : In a
room in the house in which the host family lives or in
a different house.

Any special conditions at this Host:
We feel all WWOOFers have got similar souls. We
welcome WWOOFers who are kind, gentle and of
integrity.

A message from the Host:
We became farmers 8 years ago before turning 50.
We enjoy this natural life style. Food is such an
important thing to ensure we humans are healthy and
are able to go on existing for the long term. Everyday
we ask ourselves, why we live, what life is, listening
to nature such as birds, insects and leaves.
This town, Emukae-cho, is a small town and used to
have lots of farmers but they are now old and the town
is decreasing in population and the energy of the town
is getting small. We don't like this. Our dream is to
make a self sufficient village. Farmers should try hard
growing vegetables and making processed food. We
want WWOOFers who can help realize this plan.
WWOOFers can learn our farming techniques,
processing food techniques, how to cook vegetarian
food, etc. During free time, WWOOFers can go to
historical places like Hirado and study Japanese
history, such as that pertaining to the hidden
Christians.

The Host Code : 055/1204

Name of the Host : Hamachi organic farm

Name of the person responsible :
Katsunori and Megumi Hamachi

The contact person's name :
Katsunori and Megumi Hamachi

What languages the contact person speaks:
Japanese, a little English

Type of Host : organic farm

Address :
3949 Makinouchi, Ei-cho, Ibusuki-gun, Kagoshima-ken, Kyushu, 891-0702

Telephone : 0993-27-3719

Fax number : 0993-27-3719

Mobile number : not applicable

Website : <http://www.fame.co.jp/~organic/>

E-mail: sabas@po4.synapse.ne.jp

How to contact this Host : E-mail, fax, post

How to get there :
From Nishi-kagoshima, catch a train for Kiire for 45 minutes. From Kiire walk on 20 minutes or we will pick you up at Kiire station.

People who live or work at the Host:
Katsunori and Megumi, a daughter, a son (infants), a few part time workers during peak season

Age of the people who work at the Host :
Katsunori & Megumi are in their 30s.

Info on pets or livestock kept :
5 chickens

Type of work done at the Host :
Growing 20 to 30 kinds of organic vegetables.
Producing organic cotton T-shirts.

Size of the Host :
2 ha vegetables gardens

The atmosphere of the area :
Farming village area

The climate :
In summer over 30 degrees and in winter we have some cold days but hardly have snow.

Languages spoken at the Host :
Japanese, a little English

Times of the year that the Host accepts : All year round

How many WWOOFers may be accepted simultaneously :
Two or three.

For how long may WWOOFers stay : First staying for a week's as a trial and after that about 6 months period is possible.

Jobs WWOOFers will be expected to do :
Weeding, harvesting, packing, etc.

Is smoking permitted? : No

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host : We eat mainly vegetables but sometimes have meat, eggs, fish, too.

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them:
Working clothes, a raincoat

Are WWOOFers expected to understand Japanese? : To a certain degrees.

Where WWOOFers will be accommodated : In a different house to where the host lives.

Any special conditions at this Host:
We seek serious WWOOFers. People who value peace and harmony. An international driver license is not a must but it is better to have one.

A message from the Host:
Our farm is at the south edge of Kyushu. We can see the beautiful East China Sea and Satsuma-fuji mountain from our place. We are originally interior designers. We like music and arts. We think organic farming is a new life design to live and we love it. We are not hippies but we are living peacefully in Japanese style.
WWOOFers can enjoy the ocean, fishing, surfing, climbing mountains, going to hot springs in their free time. A type of sand hot spring where you put yourself in the sand is unique and famous this area.

The Host Code : 058 / 0105

Name of the Host : Shima Shizen Chicken Farm & Matsuzaki factory & Farm Restaurant Suyuan

Name of the person responsible :
Sadako Suezaki

The contact person's name :
Sadako Suezaki

What languages the contact person speaks:
Japanese, English

Type of Host : Organic farm, restaurant,

Address :
131-3 Tsuwazaki, Shima-machi, Itoshima-gun,
Fukuoka-ken, Kyushu, 891-1311

Telephone : 092-327-1463, 092-327-2166

Fax number : 092-327-1463

Mobile number : 090-4511-1493

Website : <http://www.su-yu-an.jp>

E-mail: info@su-yu-an.jp

How to contact this Host : E-mail, phone, fax or post

How to get there :
By plane, from Fukuoka airport, or from Hakata Station,, take a subway and a JR train on the “Chikuhu Line” to Karatsu Station or to Maebaru Station. From Maebaru Station, to our place is about 5 minutes by taxi and costs about 1,100 yen.

People who live or work at the Host: Sadako Suezaki, her son (adult), two male staff in the farm (they are in their 30s), three cooks and eight staff in the kitchen .

Age of the people who work at the Host :
Sadako is in her 50.

Info on pets or livestock kept : 5 dogs, chickens

Type of work done at the Host :
Organic farming, tending to chickens and preparing them for sale, growing organic rice, growing organic vegetables, running a slow food restaurant.

Size of the Host :
2,500 square meters used to raise and tend to chickens, a rice field of 5,000 square meters, the restaurant seats 50 people.

The atmosphere of the area :
Away from the city, mixed residential and farming.

The climate :
In summer the temperature exceeds 30 degrees C, in winter from about 3 degrees C to 10 degrees C.

Languages spoken at the Host :

Japanese and English to the level of everyday conversation.

Times of the year that the Host accepts :
All year round.

How many WWOOFers may be accepted simultaneously :
Two

For how long may WWOOFers stay :
For short or long periods; we prefer people who want to stay for longer periods to learn and experience.

Jobs WWOOFers will be expected to do :
Help with all we do, from work on the farm to work in the restaurant. We work with the preferences of WWOOFers in mind to the extent we can.

Is smoking permitted? : Yes.

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host :
The host eat normal Japanese food.

Are children (under 15) OK with a parent or guardian? : No

Things WWOOFers should bring with them:
No thing special. WWOOFers should bring with themselves what they need to be comfortable.

Are WWOOFers expected to understand Japanese? : WWOOFers do not speak Japanese much.

Where WWOOFers will be accommodated :
Information not available.

Any special conditions at this Host:
Should be interested in learning and about farming and food, and be interested in our needs here, what we are working to achieve and learn through that.

A message from the Host:
Our philosophy is that food and lifestyle should be of central importance. We raise chickens, slaughter them and cook them. Shima Shizen Chicken farm started in 1986 and the restaurant Suyuan started in 1997. The food is really fresh and organic. The people working here are all eager to work and are cheerful. We welcome WWOOFers who are interested in this sincerely and want to learn of it and experience it with us.

The Host Code : 060 / 0205

Name of the Host :
Daigenya no Chiisana Nouen

Name of the person responsible :
Ryuji Fukase

The contact person's name :
Masako Fukase

What languages the contact person speaks:
English (a little)

Type of Host : Organic farm

Address : Dai2-Daigenya, Yamaura 2488-176, Kusu-machi, Kusu-gun, Oita-ken, 879-4732

Telephone : 0973-73-7996

Fax number : 0973-73-7996

Mobile number :

Website :

E-mail: aco80630@par.odn.ne.jp We do not use e-mail and do not open mails often.

How to contact this Host : Fax, post, phone

How to get there : From Hakata station catch a bus toward Oita and get off at Kusu interchange. It takes about 2 hours. We will meet you at the interchange. If you catch a train from Hakata station, take the train for Kurume and change trains to Bungomori station or Hikiji station. We can pick you up from there.

People who live or work at the Host: Ryuji, his wife Masako, son aged 3, and baby daughter

Age of the people who work at the Host : Ryuji and Masako are in their late 20s.

Info on pets or livestock kept : No pets No livestock

Type of work done at the Host : Growing organic vegetables, herbs, black, red and green rice. Making hand made soap and hand cream.

Size of the Host : 1 ha vegetable field, 8 a rice field

The atmosphere of the area : Very rural area.

The climate : 700 meters above sea level. Mild in summer and a little snow in winter.

Languages spoken at the Host : Japanese, a little English

Times of the year that the Host accepts All year round

How many WWOOFers may be accepted simultaneously : 2

For how long may WWOOFers stay : More than 3 days. It depends on WWOOFers but longer stays are possible.

Jobs WWOOFers will be expected to do : General farming, taking care of children , gardening, house work, collecting firewood, etc.

Is smoking permitted? : No

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host : We eat lots of vegetables but we sometimes eat eggs, meat, fish and milk.

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them: Working clothes, working shoes and a raincoat. If you do not have them, we have some spares. In winter, warm clothes are a must.

Are WWOOFers expected to understand Japanese? : Yes, as a certain degree.

Where WWOOFers will be accommodated In the same house that the host family live.

Any special conditions at this Host: We want WWOOFers who can stay here more than 3 days.

A message from the Host:

We are in a village of old settlers. We moved here in 2000 and we are new farmers. It is in the middle of bushy land and we can see wild boars, deer, pheasants and badgers. We often enjoy going to, hot springs near here. We like music and play the African drum with our friends around this area. We also like the Andes music.

I, Masako, was once a WWOOFer in Australia.

The Host Code : 062 / 0205

Name of the Host : Mitsuo Nakamura

Name of the person responsible :
Mitsuo Nakamura

The contact person's name :
Manami Nakamura

What languages the contact person speaks:
Japanese and English.

Type of Host : Farm and shops

Address : Yoshitsune 155, Hirokawa-machi, Yame-gun, Fukuoka-ken, 834-0104

Telephone : 0943-32-0670

Fax number : 0943-32-0670

Mobile number :

Website :

E-mail: machan329@yahoo.co.jp

How to contact this Host : E-mail, fax or post

How to get there :
WWOOFers need to go to Hakata station and from Hakata station catch a train on the JR Kagoshima honsen line for Araki station. We will come to pick WWOOFers up at Araki station.

People who live or work at the Host:
Mitsuo, his wife Setsuko, his parents, his daughter, two sons ages of 27 ,24 and 22

Age of the people who work at the Host :
They are in their 50s.

Info on pets or livestock kept : A dog

Type of work done at the Host :
Growing rice, vegetables, pears, grapes, strawberries, etc. We have shops to sell them, too.

Size of the Host : Orchards 2,5 ha and greenhouses

The atmosphere of the area :
It is a mixed area of farms and suburban houses.

The climate : In summer hot and in winter cold.

Languages spoken at the Host : Japanese and English.

Times of the year that the Host accepts
All year round

How many WWOOFers may be accepted simultaneously : 2 WWOOFers

For how long may WWOOFers stay : Longer stay is possible after a 10 day trial.

Jobs WWOOFers will be expected to do :
Maintain the orchards and vegetable gardens. Helping with the shop work. Helping with shipping work. Helping cooking.

Is smoking permitted? :
Only outside.

Can WWOOFers choose their diet? : No

An indication of the normal diet at the Host : Our meals are various but we mainly eat vegetables and fish.

Are children (under 15) OK with a parent or guardian? : No

Things WWOOFers should bring with them:
Working clothes, working shoes, a hat

Are WWOOFers expected to understand Japanese? : Not necessary.

Where WWOOFers will be accommodated ; In a house for trainees and WWOOFers

Any special conditions at this Host:

A message from the Host:
We are going to open a new shop in which we can sell our fresh vegetables and fruits. We will also make a room for producing dry fruits for cakes and cookies. We want people to visit this shop as a place that people gather and chat. We will grow other various orchards such as apples, almonds, blue berries, apricots, mandarins, persimmons, olives, etc. It will be more beautiful farm that people can visit soon.

The Host Code : 067/0305

Name of the Host : Vinery Farm Pooh's Hill

Name of the person responsible :
Fumimaro Yamashita

The contact person's name :
Fumimaro Yamashita

What languages the contact person speaks:
Japanese, English

Type of Host : organic vinery farm

Address :
527, Ooaza Imai, Ajimu-machi, Usa-gun, Ooita-ken,
872-0518

Telephone : 0978-44-4385

Fax number : 0978-44-4386

Mobile number : 090-9605-4785

Website : <http://poohshill.web.infoseek.co.jp>

E-mail: fumima6@xpost.plala.or.jp

How to contact this Host : E-mail, phone, fax, post

How to get there :

From Ogura JR station catch a train on the Nippo-sen Line and get off at Yanagigaura train station. Takes 1 hour. We will pick up at that station.
If WWOOFers are in Beppu, catch a bus for Ajimu-machi. Takes 50 min. We will pick up at the bus stop. If you use an airplane, come to Ooita airport and catch a bus for Yufuin-eki bus stop. We will pick up at the bus stop.

People who live or work at the Host:
Fumimaro and his wife, Mariko

Age of the people who work at the Host :
They are in their 50's.

Info on pets or livestock kept :
A dog (very quiet and big)

Type of work done at the Host :
Growing grapes. We don't use any chemical fertilizer or weed killers but use just a very very small amount of agricultural chemicals.
We don't put up a sign or ad but we have some tourists who want to see our farm.

Size of the Host :
144 a including a plastic greenhouse.

The atmosphere of the area :
It is a mixed area of farms and suburban houses.

The climate :
In summer over 30 degrees and in winter we have some snow. In June and July we have much rain. We also have one or two typhoons a year.

Languages spoken at the Host :
Japanese and English

Times of the year that the Host accepts : April to September, specially May to July

How many WWOOFers may be accepted simultaneously :
Prefer one but two WWOOFers are possible.

For how long may WWOOFers stay :
First staying for two weeks as a trial and after that about 6 months is possible.

Jobs WWOOFers will be expected to do :
Simple work such as tiding up vines and putting bags on the grapes.

Is smoking permitted? : No

Can WWOOFers choose their diet? : Semi-vegetarians are fine.

An indication of the normal diet at the Host :
I am a semi-vegetarian; don't eat meat but eat fish, eggs and dairy products. Mariko eats everything.

Are children (under 15) OK with a parent or guardian? : No

Things WWOOFers should bring with them:
A hat and a pair of boots

Are WWOOFers expected to understand Japanese? :
No, they don't need to speak much Japanese.

Where WWOOFers will be accommodated :
In the same house that the host family live.

Any special conditions at this Host:
WWOOFers who are not allergic to dogs.
WWOOFers who like quiet places. WWOOFers who are interested in the environment.

A message from the Host:
Our farm is situated in a mountain area and there is no convenient public transportation. We do have beautiful nature around here and the view is specutaclar. It is far from the center of the town and I feel it is the place of "Sleeping Beauty". If you want to know a rural Japan, this is the place. When the harvesting time comes, we will be very busy but we love our dog and I don't forget to give him a walk. In the slack season we read books, doing recitation and eurythmies, etc to balance our soul and our bodies. Our philosophy is "Slow, Safe, Small and Spiritual". When we have time, we can take WWOOFers to famous sightseeing spots and hot springs. They can practice eurythmies and reciation with us, if they are interested.

The Host Code : 068/0405

Name of the Host: Aya Hayakawa Farm

Name of the person responsible : Yuri Hayakawa

The contact person's name : Seiji Oku

What languages the contact person speaks:
A little English and a little Portuguese

Type of Host : Organic farm

Address :
712-5, Minamimata, Aya-cho, Higashimorokata-gun,
Miyazaki-ken, 880-1303, Japan

Telephone number : 0985-77-3485 or 0985-77-0900
at work

Fax number : 0985-77-3485 or 0985-77-0900

Mobile number : 090-4778-1485

Website:
<http://www.geocities.jp/hayakawanoen/toppage.html>

E-mail address : hayakawanoen@yahoo.co.jp

How to contact this Host : Phone, fax, post

How to get there :
From Miyazaki airport, catch a train for JR Minami-Miyazaki station and then catch a Miyazaki Kotsu bus for an hour and get off at Aya bus stop. Walk for about 5 minutes.

People who live or work at the Host:
Yuri Hayakawa, Shunsuke (father), Seiji Oku (son-in-law), Yuka (daughter), Sohei (grandson) and 2 staff

Age of the people who work at the Host: Yuri is in her 50's.

Info on pets or livestock kept : Dogs, cats, goats, chickens

Type of work done at the Host:
Organic farming, organizing healthy cooking festivals, holding seasonal markets, making organic processed food, selling, delivering, etc

Size of the establishment :
Rice field 30 a., Vegetable field 2 ha

The atmosphere of the area : Farming village

The climate :
In summer very hot. In winter not too cold.

Languages spoken at the Host:
A little English and a little Portuguese, Japanese

Times of the year that the Host accepts WWOOFers : All year around

How many WWOOFers will may accepted simultaneously :
4 WWOOFers 2 couples can come at the same time.

For how long WWOOFers may stay : From a short time up to one year.

Jobs WWOOFers will be expected to do :
General farming work. It depends on the situation.

Is smoking permitted? :
Yes but in designated places.

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host:
Mainly vegetables but we eat meat and fish sometimes.

Are children (under 15) OK with a parent or guardian? : No

Things WWOOFers should bring with them :
Working clothes and working shoes

Are WWOOFers expected to understand Japanese? : Yes, to a certain degree.

Where WWOOFers will be accommodated : There are 2 rooms for WWOOFers in a trainee's house.

Any special conditions at this Host

From the Host:
Neighbors' houses are about 200 meters apart. A long time ago we decided that we have to think about the food we eat and eat safe food and so we started to do organic farming. We want to have WWOOFers who are interested in eating safe food. We are a big family. We have lots of events, such as farm festivals, farm tours, parties... Please come here to enjoy life and work hard.

The Host Code : 073/0505

Name of the Host: Noen - kara

Name of the person responsible : Saho Kuhara

The contact person's name : Saho Kusahara

What languages the contact person speaks:
Japanese, English, a little Spanish, a little Chinese

Type of Host : Organic farm

Address :
1527, Yoshii, Nijo-machi, Itoshima-gun, Fukuoka-ken, Kyushu, 819-1641, Japan

Telephone number : 092-326-6555

Fax number : 092-326-6555

Mobile number : -

Website: -

E-mail address : -

How to contact this Host : phone, fax or post

How to get there :
At JR Hakata train station in Fukuoka, change to a subway for Maebaru / Karatsu and get off at Fukuyoshi station. The journey takes about 50 min. We will come to pick you up there.

People who live or work at the Host:
Saho (female) and one of her female friends

Age of the people who work at the Host:
They are in their 20s.

Info on pets or livestock kept : about 10 chickens

Type of work done at the Host: Growing about 40 kinds of vegetables, producing pickles, etc.

Size of the establishment : 40a

The atmosphere of the area : Farming area

The climate :
In summer 30 degrees, in winter no snow.

Languages spoken at the Host:
Japanese, English, a little Spanish, a little Chinese

Times of the year that the Host accepts WWOOFers : All year around.

How many WWOOFers will be accepted simultaneously : 2

For how long WWOOFers may stay :
from 3 days to 3 weeks. If it all goes well, a few months stay will be possible.

Jobs WWOOFers will be expected to do :
General farming, cooking, washing dishes, cleaning, etc.

Is smoking permitted? : No

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host:
Mainly homegrown vegetables. We sometimes eat fish and meat if someone gives to us. We rarely eat dairy food.

Are children (under 15) OK with a parent or guardian? : Yes

Things WWOOFers should bring with them :
Working clothes, working shoes and a hat

Are WWOOFers expected to understand Japanese? : Not necessary but must have will to speak even a little.

Where WWOOFers will be accommodated :
In a room of the main house.

Any special conditions at this Host

From the Host:
It is about one hour from Fukuoka-city, however this area is in the valley and nice and quiet facing the sea. I started organic farming 3 years ago. I rent an old farm house. I had been working at a different farm to gain some money but this year I stopped it and I am trying to work in my farm only. I have stayed in Europe and Asia. There are many pottery places near here and WWOOFers can visit in their free time. Close to the sea. WWOOFers can swim. Close to the mountain. WWOOFers can climb and there is a stream where you can swim and waterfalls, onsen, etc.

The Host Code : 074/0505

Name of the Host: Wakuwaku Tengoku-mura

Name of the person responsible : Motoya Imamura

The contact person's name : Ayami Imamura

What languages the contact person speaks:
Japanese

Type of Host : Organic farm

Address :
6900, Manganji, Minami-Oguni-machi, Aso -gun,
Kumamoto-ken, Kyushu, 869-2402, Japan

Telephone number : 0967-44-0728

Fax number : 0967-44-0728

Mobile number : 090-7159-6424

Website: -

E-mail address : -

How to contact this Host : phone and post

How to get there :
From Fukuoka city, first go to Hita and then to Tuetate
and to Oguni.

People who live or work at the Host: Motoya and his
wife (Ayami)

Age of the people who work at the Host: They are in
their 60s.

Info on pets or livestock kept : A Japanese Shiba dog
(Maru)

Type of work done at the Host:
EM (effective microorganisms) activities ; meeting
about EM, producing EM, selling EM. Growing rice.

Size of the establishment : 3 ha

The atmosphere of the area : In the prairie.

The climate :
Not too hot in summer and a nice fireplace in winter.

Languages spoken at the Host: Japanese

**Times of the year that the Host accepts
WWOOFers :**
From April to the beginning of December.

**How many WWOOFers will may accepted
simultaneously :** two

For how long WWOOFers may stay : A few days to
one week

Jobs WWOOFers will be expected to do :
Cutting weeds, cleaning, gardening, cutting and
chopping wood for the fireplace, reaping rice, etc.

Is smoking permitted? : No

Can WWOOFers choose their diet? : Yes

An indication of the normal diet at the Host:
Mainly homegrown vegetables but we eat eggs, fish
and a small amount chicken.

**Are children (under 15) OK with a parent or
guardian? :** No

Things WWOOFers should bring with them :
Working clothes

**Are WWOOFers expected to understand
Japanese? :** Yes, to a certain degree.

Where WWOOFers will be accommodated :
WWOOFers house

Any special conditions at this Host ;
Clean tidy WWOOFers. WWOOFers who can handle
a grass cutter and a chainsaw will also be welcome.

From the Host:
When you come here, you may feel like the place is in
a rocket going to a space. You may find your real
selves and lots of new things.
You can relax watching the beautiful mountain,
Asozan, having a cup of tea, and good meals.
Thinking about real life, real food, real farming, real
medicine, real country life.
The name Wakuwaku Tengoku-mura means happy
heaven village. We are waiting for lots of
WWOOFers coming.

The Host Code : 075/0505

Name of the Host: Canadian Village

Name of the person responsible : Takehiko Nagao

The contact person's name : Takehiko Nagao

What languages the contact person speaks:
Japanese and a little English

Type of Host : Pension

Address : Handa-kogen, Kokonoe-machi, Kusu-gun,
Oita-ken, Kyushu, 879-4911, Japan

Telephone number : 0973-79-3752

Fax number : 0973-79-3752

Mobile number : -

Website:

E-mail address : canavile@lily.ocn.ne.jp

How to contact this Host :
e-mail, phone or fax

How to get there :
From Fukuoka city, the journey takes about 2 hours by
train, rapid bus. We will pick you up at Handa-kogen.

People who live or work at the Host:
Takehiko Nagao and his wife (Miwa), 2 daughters
(elementary school and kindergarten) and 2 sons
(elementary school and nursery)

Age of the people who work at the Host: They are in
their 30s and 40s.

Info on pets or livestock kept : 1 dog

Type of work done at the Host: Pension

Size of the establishment : 2000 tsubo

The atmosphere of the area : Farming area

The climate : Even in the southern island, it is not too
hot in summer.

Languages spoken at the Host: Japanese, a little
English (plus body language)

**Times of the year that the Host accepts
WWOOFers :** July to September

**How many WWOOFers will may accepted
simultaneously :** two

For how long WWOOFers may stay : 3 months

Jobs WWOOFers will be expected to do :
Cleaning, helping cooking, etc.

Is smoking permitted? : Yes

Can WWOOFers choose their diet? : No

An indication of the normal diet at the Host:
We eat various food.

**Are children (under 15) OK with a parent or
guardian? :** No

Things WWOOFers should bring with them :
General things, such as towels, a pair of pajamas, etc.

**Are WWOOFers expected to understand
Japanese? :** Not necessary much.

Where WWOOFers will be accommodated :
In a room in the same house.

Any special conditions at this Host : Not specially
but we prefer WWOOFers who can get up early.

From the Host:
Kyushu island is in the south and people think it is a
hot place but here is a famous quiet summer resort.
Close to the mountains and WWOOFers who love
mountains must come here. We are a friendly family,

A brief introduction to Japanese language for WWOOFers

This material is best used in conjunction with a rudimentary knowledge of Japanese grammar and pronunciation.

GENERAL EXPRESSIONS

Hai. Yes.

Iie. No.

Sumimasen. Excuse me.

Doumo. Thanks.

Arigatou gozaimasu. Thank you.

Dou itashimashite. You are welcome.

Nihongo o hanashimasu ka. Do you speak Japanese?

Hai, sukoshi. Yes, a little.

Wakarimasu ka. Do you understand?

Wakarimasen. I don't understand.

Shirimasen. I don't know.

Nihongo de nan to iimasu ka. How do you say it in Japanese?

Dou iu imi desu ka. What does it mean?

Kore wa nan desu ka. What is it?

Yukkuri hanashite kudasai. Please speak slowly.

Mou ichido itte kudasai. Please say it again.

Iie, kekkou desu. No thanks.

Daijoubu desu. It is all right.

WORDS TO USE TO MAKE QUESTIONS

nani what

doko where

dare who

itsu when

dore which

ikura how much

ANIMALS

doubutsu animals

buta pig

hitsuji sheep

inu dog

kitsune fox

kuma bear

neko cat

nezumi mouse

risu squirrel

saru monkey

shika deer

tori bird

usagi rabbit

ushi cow

uma horse

yagi goat

VERBS

(KEY: Dictionary Form | English | Formal Form | Continuous Form)

aruku | to walk | arukimasu | aruite

asobu | to play | asobimasu | asonde

au | to meet | aimasu | atte

hairu | to enter | hairimasu | haitte

hajimaru | to begin | hajimarimasu | hajimatte



iku | to go | ikimasu | itte

kaeru | to return | kaerimasu | kaette

kakaru | to take | kakarimasu | kakatte

kaku | to write | kakimasu | kaite

kau | to buy | kaimasu | katte

kiku | to listen | kikimasu | kiite

matsu | to wait | machimasu | matte

motsu | to have | mochimasu | motte

narau | to learn | naraimasu | naratte

nomu | to drink | nomimasu | nonde

okuru | to send | okurimasu | okutte

omou | to think | omoimasu | omotte

oyogu | to swim | oyogimasu | oyoide

shiru | to know | shirimasu | shitte

suwaru | to sit | suwarimasu | suwatte

tatsu | to stand | tachimasu | tatte

tomaru | to stop | tomarimasu | tomatte

tsuku | to arrive | tsukimasu | tsuite

uru | to sell | urimasu | utte

utau | to sing | utaimasu | utatte

wakaru | to understand | wakarimasu | wakatte

warau | to laugh | waraimasu | waratte

yomu | to read | yomimasu | yonde

kangaeru | to think | kangaemasu | kangaete

miru | to see | mimasu | mite

neru | to sleep | nemasu | nete

oshieru | to teach | oshiemasu | oshiete

taberu | to eat | tabemasu | tabete

kuru | to come | kimasu | kite

suru | to do | shimasu | shite

EATING AND DRINKING

shokuji meal

asagohan breakfast

hirugohan lunch

bangohan dinner

~ o kudasai. please give me

~, ~ o misete kudasai. Please show me ~.

Onaka ga suite imasu. I am hungry.

Onaka ga ippai desu. I am full.

Nodo ga kawaite imasu. I am thirsty.

FOODS

kudamono fruits

niku red meat

tori niku chicken

sakana fish

yasai vegetables

ON THE TELEPHONE

Chotto omachi kudasai. One moment, please.

~ wa ima imasen. ~ is not here right now.

Mata atode denwa shimasu. I will call you later again.

Machigaemashita. I got the wrong number.

Hanashi-chu desu. The line is busy.

Denwa bangou wa nan ban desu ka. What is your phone number?

GREETINGS

Ohayou. Good morning.

Konnichiwa. Good afternoon.

Konbanwa. Good evening.

Oyasuminasai. Good night.

Sayonara. Good bye.

Dewa mata. See you later.

Mata ashita. See you tomorrow.

Genki desu ka. How are you?

NUMBERS

1 chi
2 ni
3 san
4 yon/shi
5 go
6 roku
7 nana/shichi
8 hachi
9 kyuu/ku
10 juu
11 juuichi
12 juuni
13 juusan
14 juushi
15 juugo
16 juuroku
17 juushichi
18 juuhachi
19 juuku
20 nijuu
21 nijuichi
22 nijuuni
23 nijuusan
30 sanjuu
31 sanjuuichi
32 sanjuuni
40 yonjuu
41 yonjuuichi
42 yonjuuni
50 gojuu
51 gojuuichi
52 gojuuni
60 rokujuu
61 rokujuuichi
70 nanajuu
71 nanajuuichi
80 hachijuu
81 hachijuuichi
90 kyuujuu
91 kyuujuuichi
100 hyaku
150 hyakugojuu
200 nihyaku
300 sanbyaku
1000 sen
1500 sengohyaku
2000 nisen
10,000 ichiman
100,000 juuman
1,000,000 hyakuman
10,000,000 senman
100,000,000 ichioku

LOCATIONS, DIRECTIONS

koko here
soko there
asoko that over there
migi right
hidari left
massugu straight
mae front
ushiro behind
yoko side
tonari next to

mukai cross
tooi far
chikai near
higashi east
nishi west
minami south
kita north

TIME

ichi ji one o'clock
ni ji two o'clock
san ji three o'clock
yo ji four o'clock
go ji five o'clock
roku ji six o'clock
shichi ji seven o'clock
hachi ji eight o'clock
ku ji nine o'clock
juu ji ten o'clock
juuichi ji eleven o'clock
juuni ji twelve o'clock
jikan time
fun, pun minutes
gozen a.m.
gogo p.m.
shougo noon
mayonaka midnight
Nan ji desu ka. What time is it?
Ichiji desu. It's one o'clock.
Gozen ku ji desu. It's 9 a.m.
Gogo san ji han desu. It's 3:30 p.m.

PARTS OF THE BODY

karada body
atama head
kami hair
kao face
hitai forehead
me eye
mayu eyebrow
mabuta eyelid
matsuge eyelash
hana nose
mimi ear
kuchi mouth
kuchibiru lip
ha teeth
shita tongue
nodo throat
ago jaw
kubi neck
kata shoulder
ude arm
hiji elbow
te hand
yubi finger
tsume nail
mune chest
senaka back
onaka stomach
ashi foot, leg
hiza knee
ashikubi ankle
kakato heel
tsumasaki toe

TRANSPORTATION

jidousha/kuruma automobile, car

torakku truck

takushii taxi

patokaa police patrol car

shirobai police motorcycle

ootobai motorcycle

jitensha bicycle

kisha (steam) train

densha (electric) train

chikatetsu subway

shinkansen Bullet Train

hikouki airplane

fune ship

hansen sailing boat

yotto yacht

ferii ferry

Nan de kimashita ka. How did you get here?

Nan de kimasuka How will you get here?

Kuruma o unten shimasu ka. Do you drive?

Menkyoshou o motte imasu ka. Do you have a driver's license?